



XPT-PRO SELF SPOTTING POWER CAGE

THE WORLD'S SELF SPOTTING

The facts:

OMNI-DIRECTIONAL

Proprietary barbell system is designed to move in any direction allowing vertical, horizontal, diagonal, lateral and rotational bar motion.

SELF-SPOTTING

STOP-ON-DEMAND patented Quad-Lock Braking system, immediately catches and stops the bar in any position.

RELIABILITY

Used by personal trainers, body builders and professional athletes under the most extreme training regiment has proven the system's durability and reliability.

Designed and developed in collaboration by Brady Poppinga
and TuffStuff Fitness International



D'S FIRST POWER CAGE.

Omni-Directional
bar movement



"Never ask for a spot again!"

Omni-directional guided barbell system



- Allows vertical, horizontal, diagonal, lateral, and rotational bar motion to effectively engage all primary muscle groups.
- Unlimited barbell motion and 270° of bar rotation allows the performance of all traditional barbell, Olympic and athletic lifts within the safe confines of the rack.
- Custom 96" Olympic bar has a 51" effective inside grip dimension for performance of all wide grip barbell exercises and overhead lifts.
- Conveniently counter balanced to provide a traditional 35 lbs. empty Olympic bar starting weight.

Patented Quad Lock Braking System



U.S. Patent No. 9,067,102

- Never worry about a missed lift or emergency situation again. Four solid steel locking pins, immediately catches and stops the bar in any position.
- Makes racking and un-racking the bar or changing the bars starting height, safe and easy from any position. No need to twist your wrist, move your arms, or step forward and backward with a loaded bar to find a bar catch.
- Tested and proven by professional athletes, the self-spotting barbell is always ready and close at hand.
- The safest and most effective form of "solo" barbell training!

Testimonials:

"I can max out and pushed myself to the limit and let go with the XPT self spotting power cage"

– **Justin Taylor**, Certified Personal Trainer

"After my injuries, I started to train with the XPT, helps me concentrate on strengthening my joints"

– **Betty Fernandez**, Zumba Instructor

"I love the versatility of this machine"

– **James Huarez**, Head of Personal Training



Brady Poppinga, 2010 Super Bowl Champion
and NFL Veteran Linebacker.

Exclusive features designed specifically for the XPT.

Durable-welded knurled zinc plated multi-grip pull-up station.

Provides 29 bar positions to accommodate any start height.

Mechanically actuated lever handle (left and right) that controls the braking system. Adjustable handles to accommodate various grip positions. Can also be rotated up or down.

Patented Quad Lock Braking System automatically catches and stops the bar in any position.

Heavy duty 3" x 3" 7-gauge tubular steel construction.

Multi-Purpose Bench (optional, not included)

Step-by-step instructional chart showing the proper procedure and safety features.

Free-flow, multi-directional linear guide barbell system allowing vertical, horizontal, diagonal, lateral and rotational bar movement. Counter-balanced to allow starting weight at 35 lbs.

Maximum safe weight load capacity 600 lbs. (weights not included)

Secondary safety stoppers with quick release levers allow fast and easy adjustments.

Built-in band pegs.



Secondary safety stoppers are an added safety measure to catch the press bar. **Must be used at all times.**



Weight collars (pair) are provided to secure the weight plates. **Must be used at all times.**

Versatility. Perform conventional lifts, Olympic lifts, traditional & functional movements and explosive/competitive movements.



Squats, biceps curl, lunges & more



Power and Olympic lifts



Body weight movements

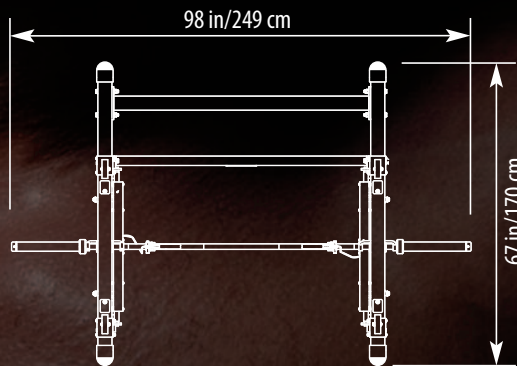


Bench & heavy pressing movements

Specifications:

- 3"x3" 7-gauge and 2"x3" 11-gauge tubular steel construction.
- Electrostatically applied powder coat finish, oven baked to insure durability.
- Deep penetrating electrically welded high strength frames.
- 3/4 -inch solid steel 1045 (tgp) highly polished hard chrome finish guide rods.
- Heavy-duty molded rubber base feet insure stability, prevent equipment movement, and may be bolted to the floor.
- Custom two tone finish: choice of seven (7) main frame colors and matte black accent color (standard).

Custom color also available, please inquire with your sales representative.



HT: 103 in/262 cm
WT: 725 lb/329 kg

Commercial Warranty: (exclusively for XPT)

TEN (10) YEARS: Structural frame (coating excluded) and welds.

ONE (1) YEAR: Safety Lock components & locking pins;
Quad-Lock brake components;
Locking-pin cables, release handle cables and counter-balanced cables.

All other parts not mentioned, one (1) year from the date of purchase to the original purchaser (applies only to defects from manufacturer).

6 MONTHS: Finish (applies only to defects from manufacturer).

NOTICE: TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinements may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice.



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