



PARAGON 5S
PARAGON 7S
PARAGON 7E
PARAGON 8E

TREADMILL OWNER'S MANUAL



Read the TREADMILL GUIDE before using this OWNER'S MANUAL.

ASSEMBLY



WARNING

There are several areas during the assembly process that special attention must be paid. It is very important to follow the assembly instructions correctly and to make sure all parts are firmly tightened. If the assembly instructions are not followed correctly, the treadmill could have frame parts that are not tightened and will seem loose and may cause irritating noises. To prevent damage to the treadmill, the assembly instructions must be reviewed and corrective actions should be taken.

Before proceeding, find your treadmill's serial number located on the front stabilizer tube and enter it in the space provided below. Also locate the model name which is next to the serial number.

ENTER YOUR SERIAL NUMBER AND MODEL NAME IN THE BOXES BELOW:

SERIAL NUMBER:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

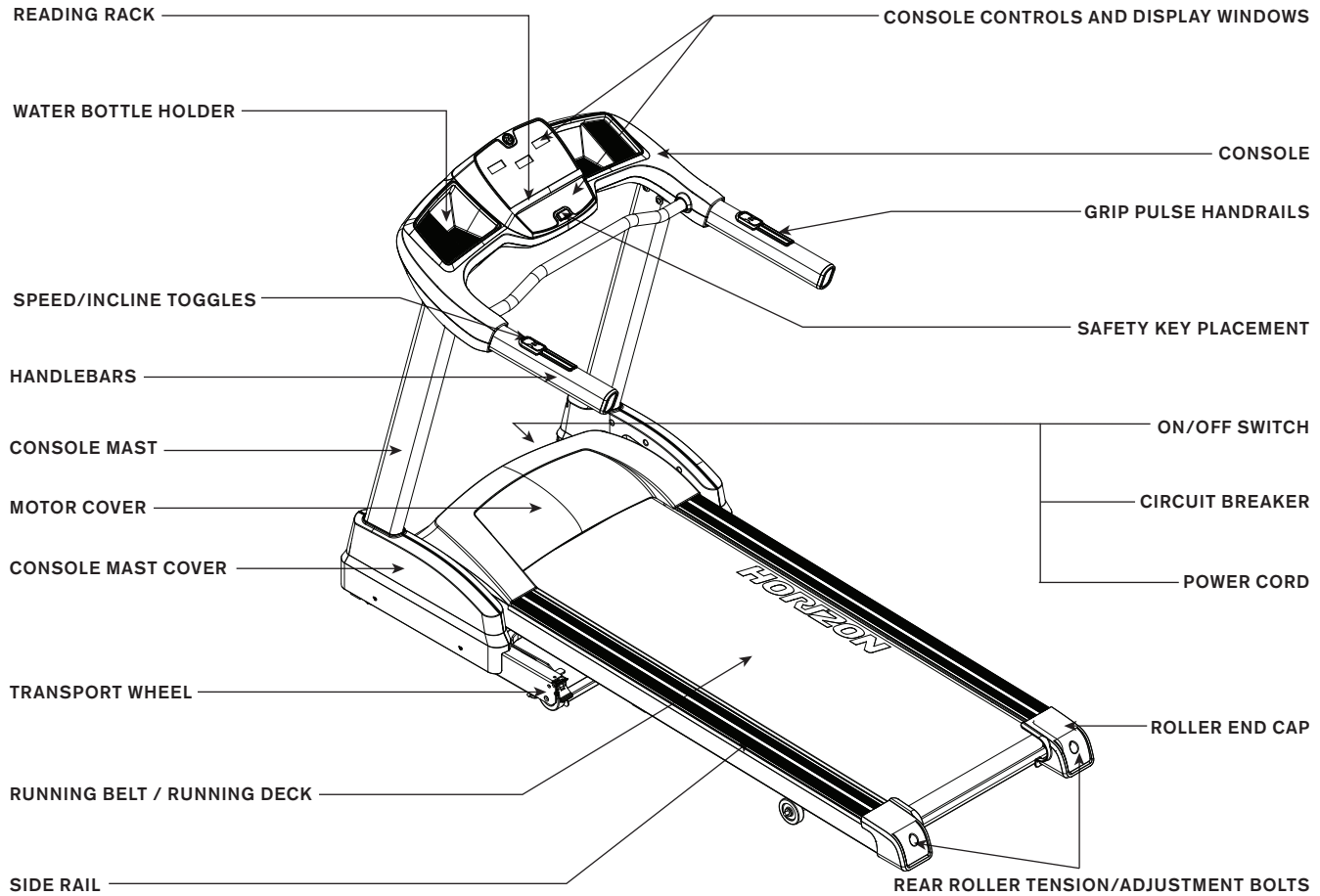
MODEL NAME: **HORIZON**

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

TREADMILL



Paragon 5S
Shown



TOOLS INCLUDED:

- 5 mm L-Wrench/Screwdriver
- 6 mm T-Wrench
- Screwdriver (not included)

PARTS INCLUDED:

- 1 Console Assembly
- 2 Console Masts
- 3 Hardware Kit
- 1 Safety Key
- 1 Power Cord
- 1 Base Frame



NEED HELP?

If you have questions or if there are any missing parts, contact your local dealer. Contact information may be located on the back panel of your manual or on the warranty card.

PRE ASSEMBLY

UNPACKING

Place the treadmill carton on a level flat surface. It is recommended that you place a protective covering on your floor. Take CAUTION when handling and transporting this unit. Never open box when it is on its side. Once the banding straps have been removed, do not lift or transport this unit unless it is fully assembled. Unpack and assemble the unit where it will be used. Never grab hold of any portion of the incline frame and attempt to lift or move the treadmill.

WARNING

DO NOT ATTEMPT TO LIFT THE TREADMILL! Do not move or lift treadmill from packaging until specified to do so in the assembly instructions. You may remove the plastic wrap from console masts.

WARNING

FAILURE TO FOLLOW THESE INSTRUCTIONS COULD RESULT IN INJURY!
In case of an emergency, place both hands on the side arm rests to hold yourself up and place your feet onto the side rail.

NOTE: During each assembly step, ensure that ALL nuts and bolts are in place and partially threaded in before completely tightening any ONE bolt.

NOTE: A light application of grease may aid in the installation of hardware. Any grease, such as lithium bike grease is recommended.

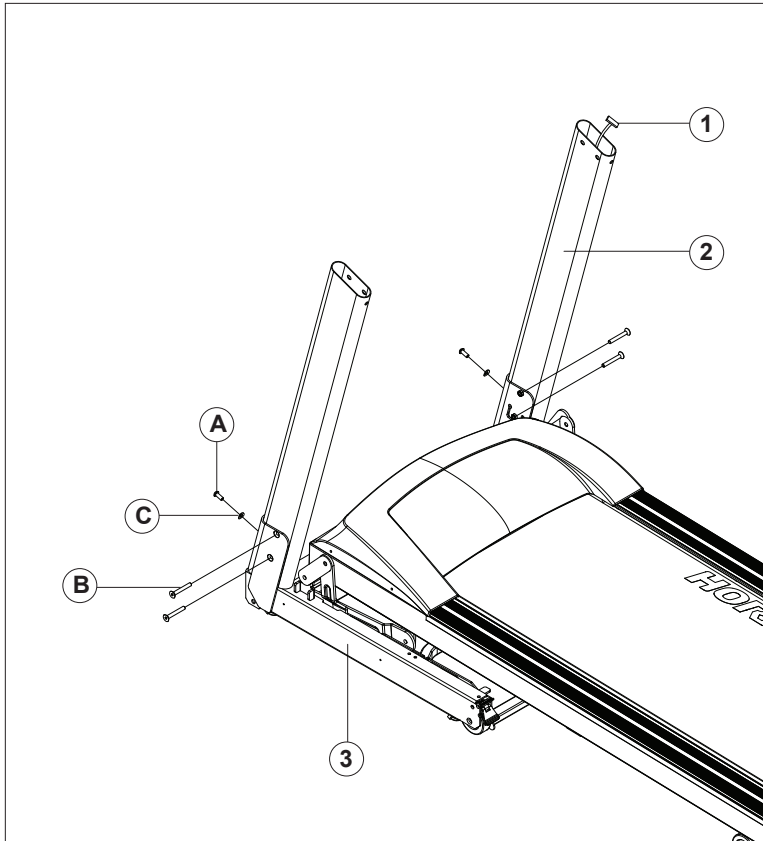


ALL
MODELS



Paragon 5S
Shown

ASSEMBLY STEP 1



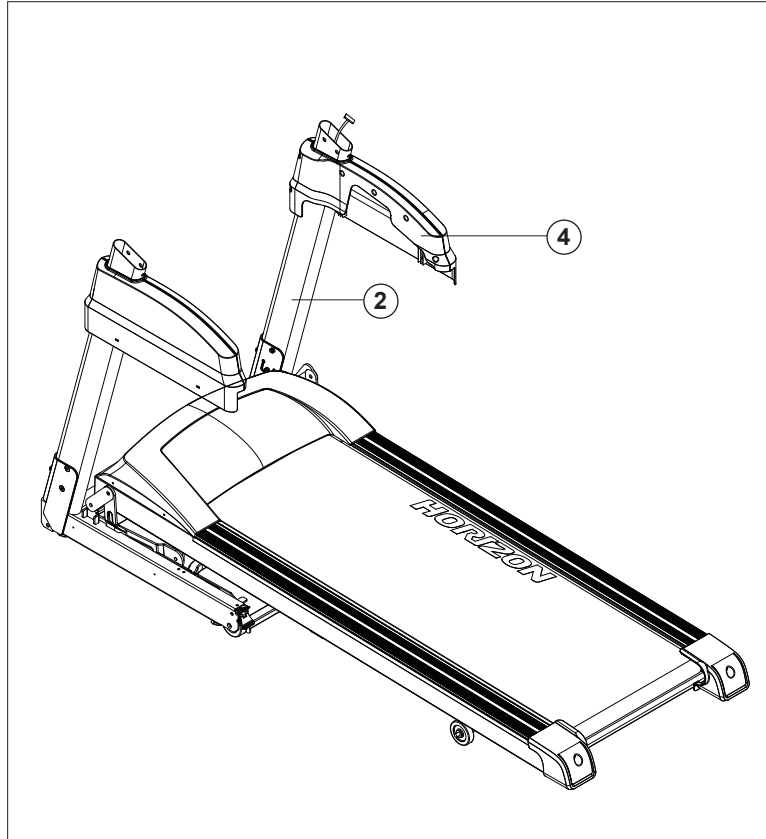
HARDWARE PACKAGE 1

PART	TYPE	DESCRIPTION	QTY
A	SHORT BOLT	M8X1.25PX20L	2
B	LONG BOLT	M8X1.25PX60L-20L	4
C	ARC WASHER	Φ8.2	2

- A Open **HARDWARE PACKAGE 1**.
- B Pull out the **CONSOLE CABLE (1)** from the **RIGHT CONSOLE MAST (2)**.
- C Attach **RIGHT CONSOLE MAST (2)** onto **MAIN FRAME BRACKET (3)** and screw with **SHORT BOLT (A)**, **LONG BOLT (B)** and **ARC WASHER (C)**.
- D Repeat step **C** on the other side.

NOTE: Do not fully tighten any bolt before Console is assembled in step 2. Be careful not to pinch console cable when placing the console mast onto the main frame bracket. You may need extra help assembling step 1 or 2.

ASSEMBLY STEP 2



- A Carefully slid down the **CONSOLE MAST COVER (4)** to right **CONSOLE MAST (2)**.
- B Repeat step **A** on the other side.

NOTE: Note: Do not assemble CONSOLE MAST COVER screw at this step.

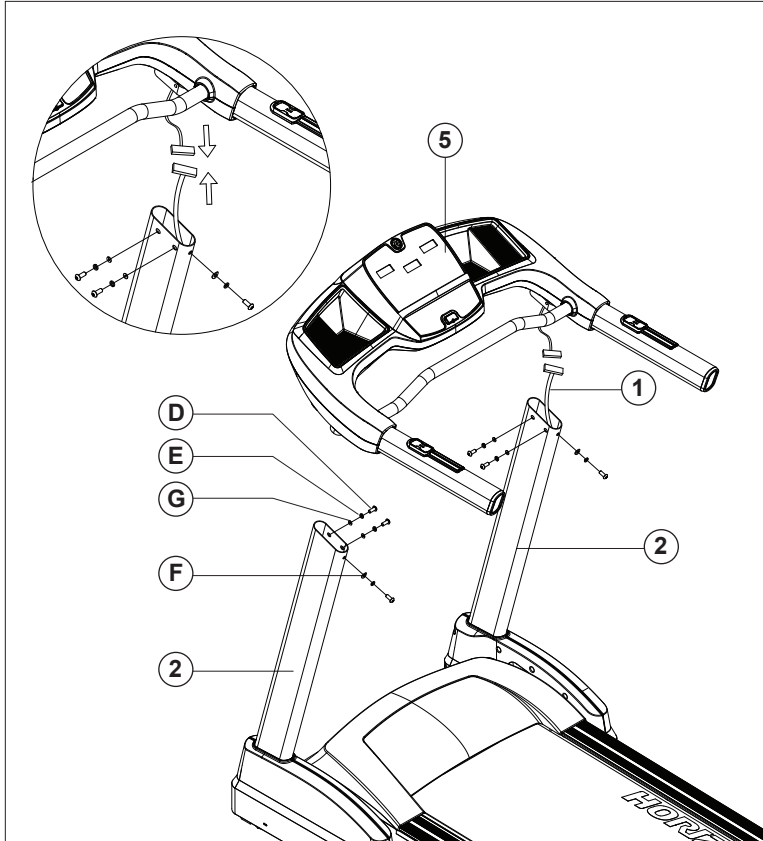


Paragon 5S
Shown

ASSEMBLY STEP 3



Paragon 5S
Shown



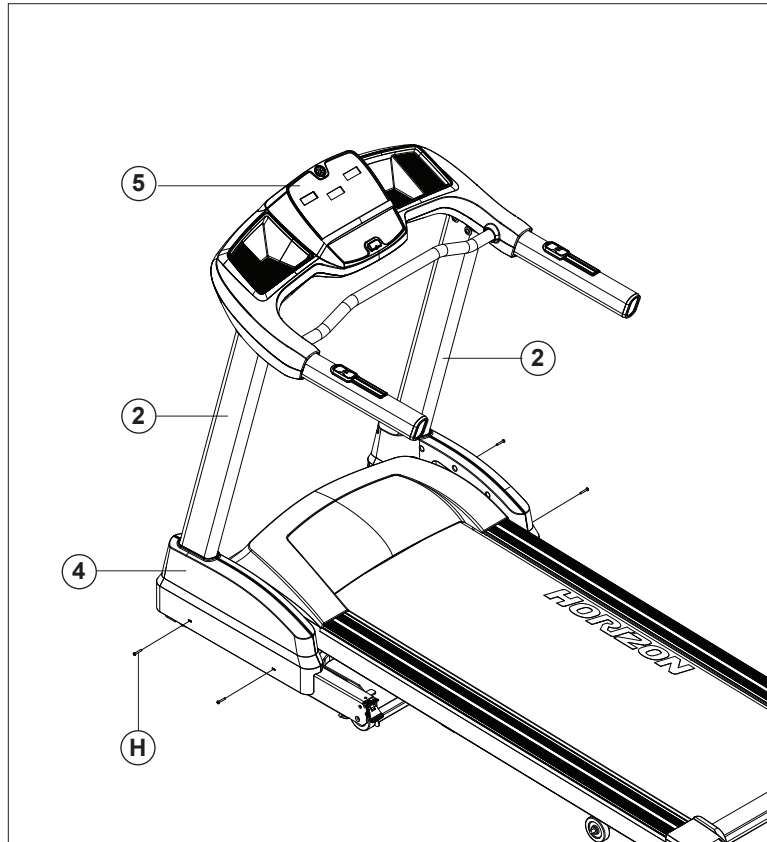
HARDWARE PACKAGE 2

PART	TYPE	DESCRIPTION	QTY
D	BOLT	M8X1.25PX20L	6
E	SPRING WASHER	Φ8.2	6
F	ARC WASHER	Φ8.2	2
G	FLAT WASHER	Φ8.2	4

- A Open **HARDWARE PACKAGE 2**.
- B Gently hold the **CONSOLE (5)** above the **CONSOLE MAST (2)**.
- C Connect the **CONSOLE CABLE (1)** from the **CONSOLE MAST (2)** to **CONSOLE (5)**.
- D Attach the **CONSOLE (5)** to the **CONSOLE MAST (2)** using **6 BOLTS (D)**, **6 SPRING WASHERS (E)**, **2 ARC WASHERS (F)** and **4 FLAT WASHERS (G)**.

NOTE: ARC WASHERS to be used at front of CONSOLE MAST while FLAT WASHERS are used at side of CONSOLE MAST. You might need extra help while assembling the CONSOLE at this step.

ASSEMBLY STEP 4



HARDWARE PACKAGE 3			
PART	TYPE	DESCRIPTION	QTY
H	SCREW	M4X30L	4



Paragon 5S
Shown

- A Open **HARDWARE PACKAGE 3**.
- B Use **4 SCREWS (H)** to attach **LEFT & RIGHT CONSOLE MAST COVER (4)**.

NOTE: Be careful not to scratch or brake the plastic while assembling.



Paragon 5S
Shown



PARAGON 5S/7S

Overall Dimension : 2026 x 895 x 1357 mm /
78" x 35" x 53"

Folding Dimension : 1000 x 895 x 1797 mm /
39" x 35" 71"

Max. User Weight : 148 kg / 325 lbs

Net Weight : 106 kg / 233.7 lbs

Gross Weight : 131.5 kg / 289.9 lbs

PARAGON 7E/8E

Overall Dimension : 2026 x 895 x 1357 mm /
78" x 35" x 53"

Folding Dimension : 1000 x 895 x 1797 mm /
39" x 35" 71"

Max. User Weight : 159 kg / 350 lbs

Net Weight : 108.5 kg / 239.2 lbs

Gross Weight : 134 kg / 295.4 lbs

ASSEMBLY COMPLETE!

TREADMILL OPERATION

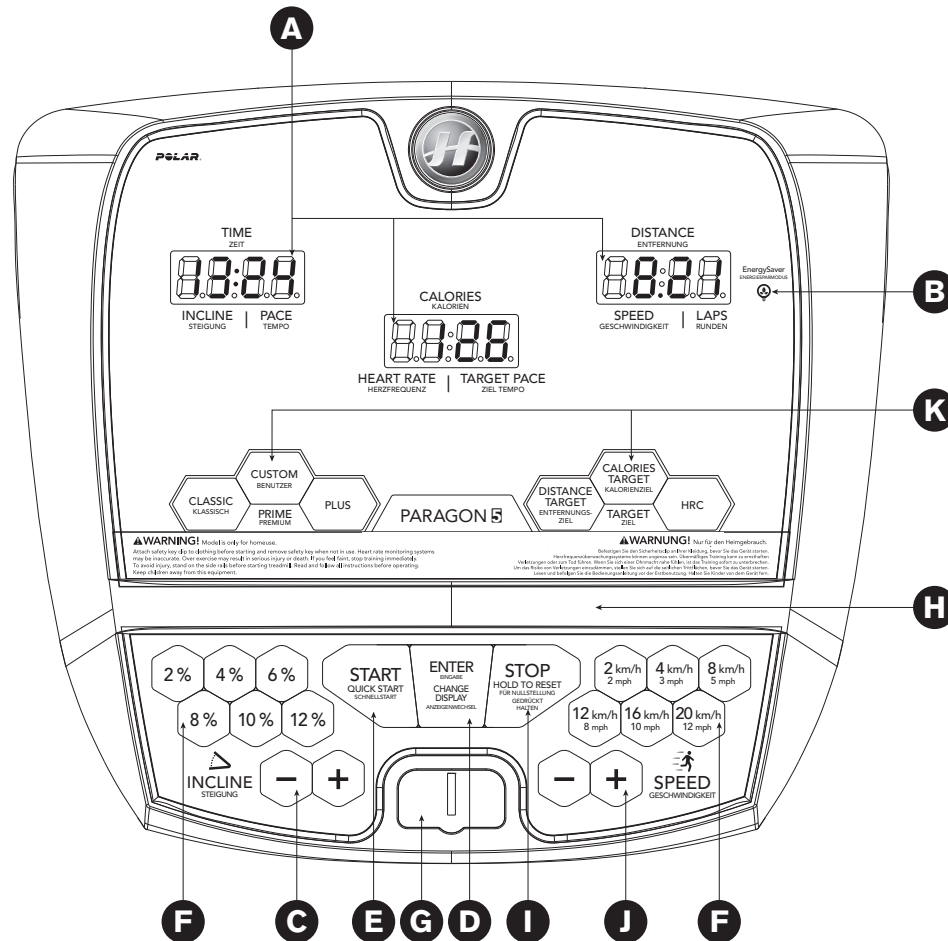


This section explains how to use your treadmill's console and programming. The BASIC OPERATION section in the TREADMILL GUIDE has instructions for the following:

- LOCATION OF THE TREADMILL
- USING THE SAFETY KEY
- FOLDING THE TREADMILL
- MOVING THE TREADMILL
- TENSIONING THE RUNNING BELT
- LEVELING THE TREADMILL
- CENTERING THE RUNNING BELT
- USING THE HEART RATE FUNCTION



Paragon 5S
Shown



PARAGON 5S CONSOLE OPERATION

Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

- A) **LED DISPLAY WINDOWS:** Time, Distance, Speed, Incline, Calories, Heart Rate, Pace, Target Pace, Laps.
- B) **ENERGY SAVER:** To minimize energy consumption, your machine will enter energy saver mode automatically (after entering stand-by mode for 15 mins) and could be quickly waken up with a touch of a button.
- C) **INCLINE KEYS:** used to adjust incline in small increments (0.5% Increments).
- D) **CHANGE DISPLAY BUTTON:** used to scroll through display modes. Press to change display feedback during workout.
Under Pacer Program:
in the begin : Time, Calories, Distance
press once : Incline, Heart Rate, Speed
press twice : Pace, Target Pace, Laps
Except Pacer Program:
in the begin : Time, Calories, Distance
press once : Incline, Heart Rate, Speed
press twice : Incline, Heart Rate, Laps
- E) **START:** press to begin exercising, start your workout, or resume exercising after pause.
- F) **QUICK ADJUST KEYPAD:** used to reach desired speed or incline more quickly.
- G) **SAFETY KEY POSITION:** enables treadmill when safety key is inserted.
- H) **READING RACK:** holds reading materials.
- I) **STOP:** press to pause/end your workout. Hold for 3 seconds to reset the console.
- J) **SPEED KEYS:** used to adjust speed in small increments (0.1 KM/H increments).
- K) **QUICK PROGRAM KEYS:** used to select a program.

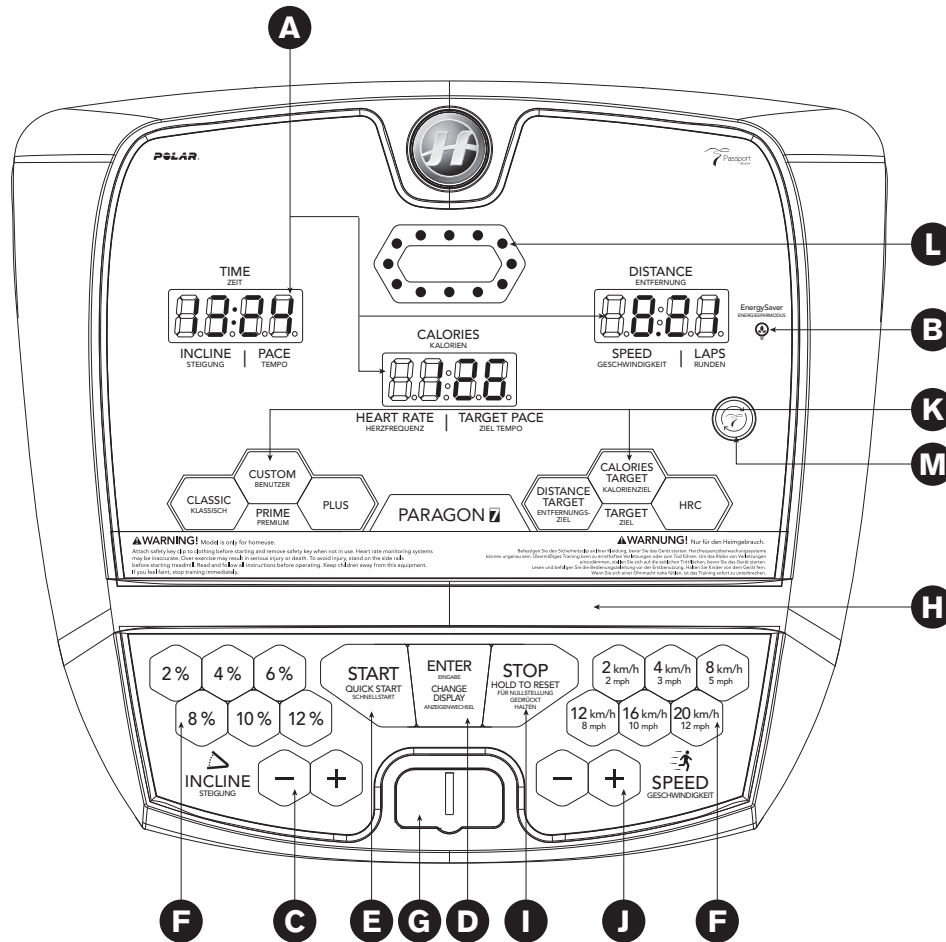
Note: There is no Track LED display, 400m = 1 Lap.



Paragon 5S
Shown



Paragon 7S
Paragon 7E
Shown



PARAGON 7E/7S CONSOLE OPERATION

Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

- A) **LED DISPLAY WINDOWS:** Time, Distance, Speed, Incline, Calories, Heart Rate, Pace, Target Pace, Laps..
- B) **ENERGY SAVER :** To minimize energy consumption, your machine will enter energy saver mode automatically (after entering stand-by mode for 15 mins) and could be quickly waken up with a touch of a button.
- C) **INCLINE KEYS :** used to adjust incline in small increments (0.5% Increments).
- D) **CHANGE DISPLAY BUTTON:** used to scroll through display modes. Press to change display feedback during workout.

Under Pacer Program:

in the begin : Time, Calories, Distance

press once : Incline, Heart Rate, Speed

press twice : Pace, Target Pace, Laps

Except Pacer Program:

in the begin : Time, Calories, Distance

press once : Incline, Heart Rate, Speed

press twice : Incline, Heart Rate, Laps

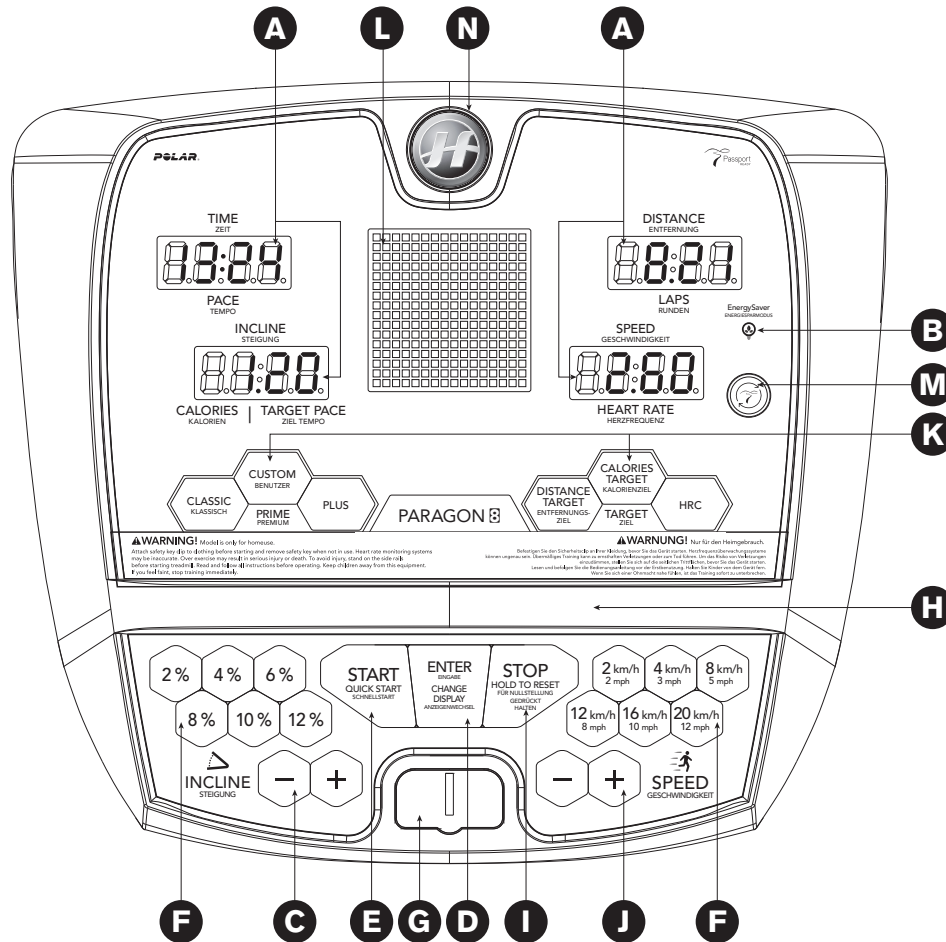
- E) **START:** press to begin exercising, start your workout, or resume exercising after pause.
- F) **QUICK ADJUST KEYPAD :** used to reach desired speed or incline more quickly.
- G) **SAFETY KEY POSITION:** enables treadmill when safety key is inserted.
- H) **READING RACK :** holds reading materials.
- I) **STOP:** press to pause/end your workout. Hold for 3 seconds to reset the console.
- J) **SPEED KEYS :** used to adjust speed in small increments (0.1 KM/H increments).
- K) **QUICK PROGRAM KEYS :** used to select a program.
- L) **LED TRACK:** displays workout circle, one circle means 400 meter.
- M) **PASSPORT QUICK KEY:** used to connect Passport. Press and sync with Passport.



Paragon 7S
Paragon 7E
Shown



Paragon 8E
Shown



PARAGON 8E CONSOLE OPERATION

Note: There is a thin protective sheet of clear plastic on the overlay of the console that should be removed before use.

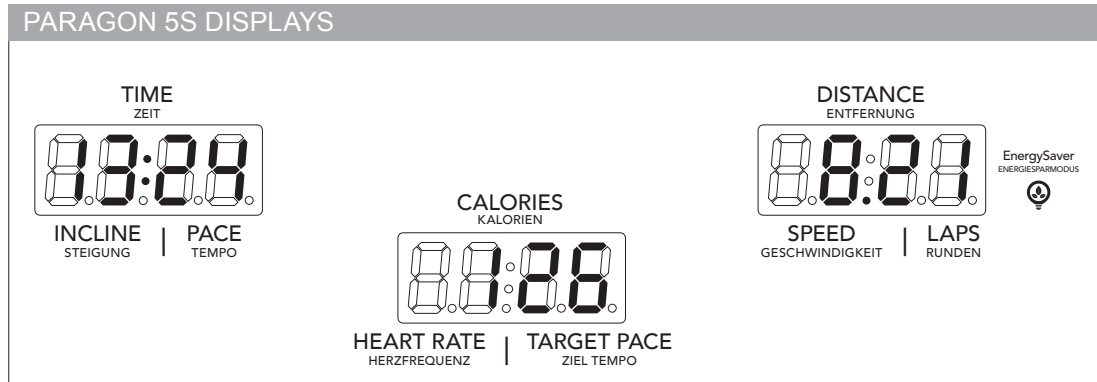
- A) **LED DISPLAY WINDOWS:** Time, Distance, Speed, Incline, Calories, Heart Rate, Pace, Target Pace, Laps.
- B) **ENERGY SAVER :** To minimize energy consumption, your machine will enter energy saver mode automatically (after entering stand-by mode for 15 mins) and could be quickly waken up with a touch of a button.
- C) **INCLINE KEYS :** used to adjust incline in small increments (0.5% Increments).
- D) **CHANGE DISPLAY BUTTON:** used to scroll through display modes. Press to change display feedback during workout.
Under Pacer Program:
in the begin : Time, Incline, Distance, Speed
press once : Time, Calories, Laps, Heart Rate
press twice : Pace, Target Pace, Laps, Heart Rate
Except Pacer Program:
in the begin : Time, Incline, Distance, Speed
press once : Time, Calories, Laps, Heart Rate
- E) **START:** press to begin exercising, start your workout, or resume exercising after pause.
- F) **QUICK ADJUST KEYPAD :** used to reach desired speed or incline more quickly.
- G) **SAFETY KEY POSITION:** enables treadmill when safety key is inserted.
- H) **READING RACK :** holds reading materials.
- I) **STOP:** press to pause/end your workout. Hold for 3 seconds to reset the console.
- J) **SPEED KEYS :** used to adjust speed in small increments (0.1 KM/H increments).
- K) **QUICK PROGRAM KEYS :** used to select a program.
- L) **DOT-MATRIX DISPLAY WINDOW:** displays workout level, progress and workout profiles.
- M) **PASSPORT QUICK KEY:** used to connect Passport. Press and sync with Passport.
- N) **POWER BUTTOM:** used to power on/off console and also the console will into Energy Saver Mode when power off console.



Paragon 8E
Shown



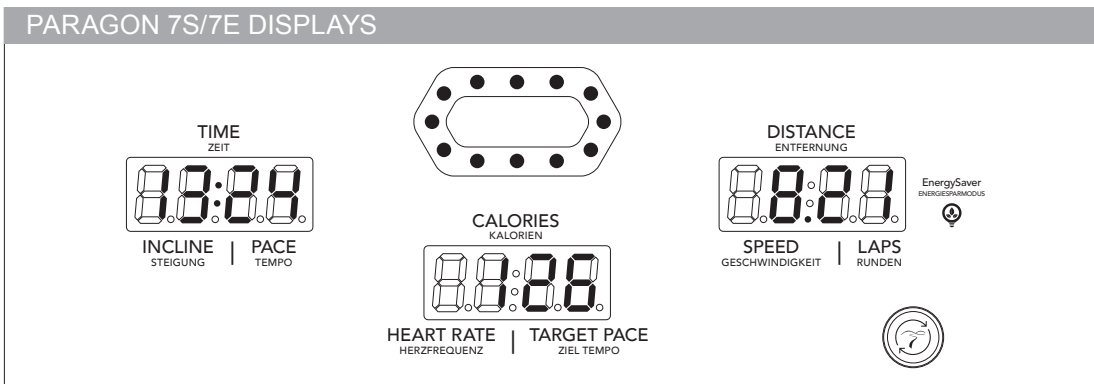
Paragon 5S
Shown



DISPLAY WINDOWS

- **TIME:** Shown as minutes : seconds. View the time remaining or the time elapsed in your workout.
- **DISTANCE:** Shown as km or miles. Indicates distance traveled or distance remaining during your workout.
- **SPEED:** Shown as MPH or KM/H. Indicates how fast your walking or running surface is moving.
- **INCLINE:** Shown as percent. Indicates the incline of your walking or running surface.
- **CALORIES:** Total calories burned or calories remaining left to burn during your workout.
- **HEART RATE:** Shown as BPM (beats per minute). Used to monitor your heart rate (displayed when contact is made with both pulse grips).
- **LAPS:** Shows how many laps have you completed
- **PACE:** Indicates how many minutes it takes to complete a KM while running or walking at your current speed. For example : If at your current speed it will take you 10 minutes to complete a KM, the treadmill will display "10:00" as your pace.
- **TARGET PACE:** Means your target time to reach a KM.
- **ENERGY SAVER:** Indicates when the machine is in Energy Saver mode to conserve power consumption

PARAGON 7S/7E DISPLAYS



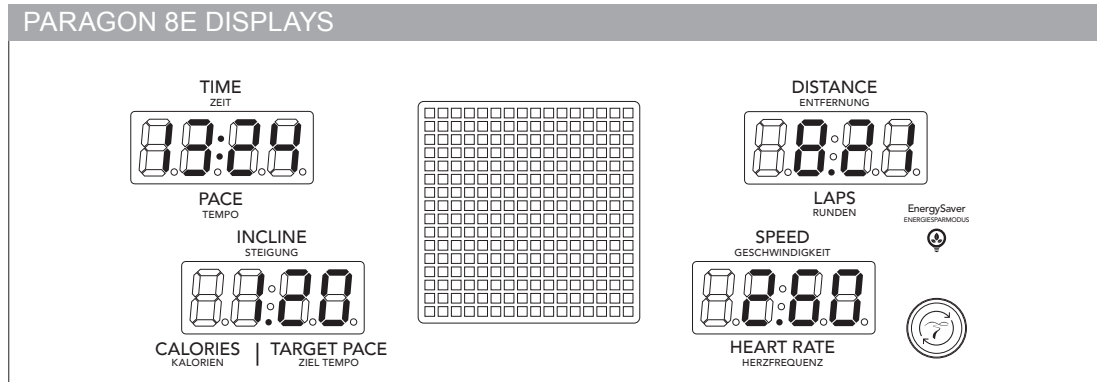
Paragon 7S
Paragon 7E
Shown

DISPLAY WINDOWS

- **TIME:** Shown as minutes : seconds. View the time remaining or the time elapsed in your workout.
- **DISTANCE:** Shown as km or miles. Indicates distance traveled or distance remaining during your workout.
- **SPEED:** Shown as MPH or KM/H. Indicates how fast your walking or running surface is moving.
- **INCLINE:** Shown as percent. Indicates the incline of your walking or running surface.
- **CALORIES:** Total calories burned or calories remaining left to burn during your workout.
- **HEART RATE:** Shown as BPM (beats per minute). Used to monitor your heart rate (displayed when contact is made with both pulse grips).
- **TRACK:** Shows your progress of your current lap (400M circle run).
- **LAPS:** Shows how many laps have you completed.
- **PACE:** Indicates how many minutes it takes to complete a KM while running or walking at your current speed. For example : If at your current speed it will take you 10 minutes to complete a KM, the treadmill will display "10:00" as your pace.
- **TARGET PACE:** Means your target time to reach a KM.
- **ENERGY SAVER:** Indicates when the machine is in Energy Saver mode to conserve power consumption.
- **PASSPORT QUICK KEY:** used to connect Passport. Press and sync with Passport.



Paragon 8E
Shown



DISPLAY WINDOWS

- **TIME:** Shown as minutes : seconds. View the time remaining or the time elapsed in your workout.
- **DISTANCE:** Shown as km or miles. Indicates distance traveled or distance remaining during your workout.
- **SPEED:** Shown as MPH or KM/H. Indicates how fast your walking or running surface is moving.
- **INCLINE:** Shown as percent. Indicates the incline of your walking or running surface.
- **CALORIES:** Total calories burned or calories remaining left to burn during your workout.
- **HEART RATE:** Shown as BPM (beats per minute). Used to monitor your heart rate (displayed when contact is made with both pulse grips).
- **DOT-MATRIX LED WINDOW (16 × 16):** To display Program name, Program profiles and communication text.
- **LAPS:** Shows how many laps have you completed.
- **PACE:** Indicates how many minutes it takes to complete a KM while running or walking at your current speed. For example : If at your current speed it will take you 10 minutes to complete a KM, the treadmill will display "10:00" as your pace.
- **TARGET PACE:** Means your target time to reach a KM.
- **ENERGY SAVER:** Indicates when the machine is in Energy Saver mode to conserve power consumption.
- **PASSPORT QUICK KEY:** used to connect Passport. Press and sync with Passport.

GETTING STARTED

- 1) Check to make sure no objects are placed on the belt that will hinder the movement of the treadmill.
- 2) Plug in the power cord and turn the treadmill ON.
- 3) Stand on the side rails of the treadmill.
- 4) Attach the safety key clip to part of your clothing making sure that it is secure and will not become detached during operation.
- 5) Insert the safety key into the safety keyhole in the console.
- 6) You have two options to start your workout:

A) QUICK START UP

Simply press the START key to begin working out.

B) SELECT A PROGRAM

- 1) Select GUEST or USER using +/- button and press ENTER to confirm.
- 2) Change program setup using +/- button or quick adjust keypads and press ENTER to go through setup.
- 3) When setup is complete, press START to begin your workout.

RESET THE CONSOLE

Hold STOP key for 3 seconds.

FINISHING YOUR WORKOUT

When your workout is complete, on 5S/7S/7E Console, it will show TIME, DISTANCE, CALORIES as default, you can press ENTER/CHANGE DISPLAY once to show other information such as INCLINE, HEART RATE and SPEED. On 8E Console, it will show TIME, DISTANCE, INCLINE, SPEED and Dot-Matrix LED will show SPEED profile as default, press ENTER/CHANGE DISPLAY to change to INCLINE profile.



ALL
MODELS

PROGRAM INFORMATION

NOTE:

Paragon 5S contains 10 programs: Manual, Speed Intervals, Weight Loss, Custom, Pacer, 800M, 5K, 100 Kcal, 500 Kcal, HRC Incline.

Paragon 7S/7E contains 16 programs: Manual, Speed Intervals, Weight Loss, Mountain Climb, Custom 1, Custom 2, Pacer, Fit Test, 800M, 5K, 10K, 100 Kcal, 300 Kcal, 500 Kcal, HRC Speed, HRC Incline.

Paragon 8E contains 22 programs: Manual, Speed Intervals, Peak Intervals, Weight Loss, Hill Run, Mountain Climb, Random, Custom 1, Custom 2, Pacer, Fit Test, 800M, 5K, 10K, Half Marathon, 100 Cal, 300 Kcal, 500 Kcal, 700 Kcal, HRC Speed, HRC Incline, HRC Interval.

If speed or incline are changed during your workout, the remaining segments will be affected accordingly.

- 1) **MANUAL:** Adjust your speed and incline manually during your workout.
- 2) **INTERVALS / SPEED INTERVALS:** Walk or run a series of alternating speed levels. Time-based goal with 10 difficulty levels to choose from. Warm-up and cool down last 4:00 minutes each and are included in program times.

Speed Intervals - Speed only							
Segments		Warm-Up		1	2	Cool Down	
Time		4:00 MIN		90 SEC	30 SEC	4:00 MIN	
Level 1	Speed(MPH)	1	1.5	2	4	1.5	1
	Speed(KM/H)	1.6	2.4	3.2	6.4	2.4	1.6
Level 2	Speed(MPH)	1	1.5	2	4.5	1.5	1
	Speed(KM/H)	1.6	2.4	3.2	7.2	2.4	1.6
Level 3	Speed(MPH)	1.3	1.9	2.5	5	1.9	1.3
	Speed(KM/H)	2.1	3	4	8	3	2.1
Level 4	Speed(MPH)	1.3	1.9	2.5	5.5	1.9	1.3
	Speed(KM/H)	2.1	3	4	8.8	3	2.1
Level 5	Speed(MPH)	1.5	2.3	3	6	2.3	1.5
	Speed(KM/H)	2.4	3.7	4.8	9.6	3.7	2.4
Level 6	Speed(MPH)	1.5	2.3	3	6.5	2.3	1.5
	Speed(KM/H)	2.4	3.7	4.8	10.4	3.7	2.4
Level 7	Speed(MPH)	1.8	2.6	3.5	7	2.6	1.8
	Speed(KM/H)	2.9	4.2	5.6	11.2	4.2	2.9
Level 8	Speed(MPH)	1.8	2.6	3.5	7.5	2.6	1.8
	Speed(KM/H)	2.9	4.2	5.6	12	4.2	2.9
Level 9	Speed(MPH)	2	3	4	8	3	2
	Speed(KM/H)	3.2	4.8	6.4	12.8	4.8	3.2
Level 10	Speed(MPH)	2	3	4	8.5	3	2
	Speed(KM/H)	3.2	4.8	6.4	13.6	4.8	3.2

3) PEAK INTERVALS (PARAGON 8E ONLY): Walk or run a series of alternating speed and incline levels. Time-based goal with 10 difficulty levels to choose from. This program allows to adjust your speed and incline manually during workout.



ALL
MODELS

Peak Intervals - Speed and Incline changes							
Segments		Warm-Up		1	2	Cool Down	
Time		4:00 _{MIN}		90 _{SEC}	30 _{SEC}	4:00 _{MIN}	
Level 1	Speed(MPH)	1	1.5	2	4	1.5	1
	Speed(KM/H)	1.6	2.4	3.2	6.4	2.4	1.6
	Incline	1	1.5	0.5	1.5	1.5	0
Level 2	Speed(MPH)	1	1.5	2	4.5	1.5	1
	Speed(KM/H)	1.6	2.4	3.2	7.2	2.4	1.6
	Incline	1.5	2.5	3	6.5	2.5	1.5
Level 3	Speed(MPH)	1.3	1.9	2.5	5	1.9	1.3
	Speed(KM/H)	2.1	3	4	8	3	2.1
	Incline	2	3	4	7.5	3	2
Level 4	Speed(MPH)	1.3	1.9	2.5	5.5	1.9	1.3
	Speed(KM/H)	2.1	3	4	8.8	3	2.1
	Incline	2	3	4	8.5	3	2
Level 5	Speed(MPH)	1.5	2.3	3	6	2.3	1.5
	Speed(KM/H)	2.4	3.7	4.8	9.6	3.7	2.4
	Incline	2.5	3.5	4.5	9	3.5	2.5
Level 6	Speed(MPH)	1.5	2.3	3	6.5	2.3	1.5
	Speed(KM/H)	2.4	3.7	4.8	10.4	3.7	2.4
	Incline	2.5	3.5	4.5	10	3.5	2.5
Level 7	Speed(MPH)	1.8	2.6	3.5	7	2.6	1.8
	Speed(KM/H)	2.9	4.2	5.6	11.2	4.2	2.9
	Incline	2.5	4	5.5	10.5	4	3
Level 8	Speed(MPH)	1.8	2.6	3.5	7.5	2.6	1.8
	Speed(KM/H)	2.9	4.2	5.6	12	4.2	2.9
	Incline	3	4	5.5	11.5	4	3
Level 9	Speed(MPH)	2	3	4	8	3	2
	Speed(KM/H)	3.2	4.8	6.4	12.8	4.8	3.2
	Incline	3	4.5	6	12	5	3
Level 10	Speed(MPH)	2	3	4	8.5	3	2
	Speed(KM/H)	3.2	4.8	6.4	13.6	4.8	3.2
	Incline	3	4.5	6	12	5	3



ALL
MODELS

- 4) **WEIGHT LOSS:** Promotes weight loss by increasing and decreasing the speed and incline, while keeping you in your fat burning zone. Speed and Incline changes, segments repeat every 30 seconds.

Weight Loss (Weight Loss 1) - Speed and Incline changes												
Segments		Warm-Up		1	2	3	4	5	6	7	8	Cool Down
Time		4:00 MIN		30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	4:00 MIN
Level 1	Incline	0	0.5	1.5	1.5	1	0.5	0.5	1	1.5	0.5	0
	Speed(MPH)	1	1.5	2	2.5	3	3.5	4	3.5	3	2.5	2.3
	Speed(KM/H)	1.6	2.4	3.2	4	4.8	5.6	6.4	5.6	4.8	4	3.7
Level 2	Incline	0	0.5	1.5	1.5	1	0.5	1	0.5	1	1.5	0.5
	Speed(MPH)	1.3	1.9	2.5	3	3.5	4	4.5	4	3.5	3	2.6
	Speed(KM/H)	2.1	3	4	4.8	5.6	6.4	7.2	6.4	5.6	4.8	4.2
Level 3	Incline	0.5	1	2	2	1.5	1	1	1	1.5	2	1
	Speed(MPH)	1.5	2.3	3	3.5	4	4.5	5	4.5	4	3.5	3
	Speed(KM/H)	2.4	3.7	4.8	5.6	6.4	7.2	8	7.2	6.4	5.6	4.8
Level 4	Incline	0.5	1	2	2	1.5	1	1	1	1.5	2	1
	Speed(MPH)	1.8	2.6	3.5	4	4.5	5	5.5	5	4.5	4	3.4
	Speed(KM/H)	2.9	4.2	5.6	6.4	7.2	8	8.8	8	7.2	6.4	5.4
Level 5	Incline	1	1.5	2.5	2.5	2	1.5	1.5	1.5	2	2.5	1.5
	Speed(MPH)	2	3	4	4.5	5	5.5	6	5.5	5	4.5	3.8
	Speed(KM/H)	3.2	4.8	6.4	7.2	8	8.8	9.6	8.8	8	7.2	6.1
Level 6	Incline	1	1.5	2.5	2.5	2	1.5	1.5	1.5	2	2.5	1.5
	Speed(MPH)	2.3	3.4	4.5	5	5.5	6	6.5	6	5.5	5	4.1
	Speed(KM/H)	3.7	5.4	7.2	8	8.8	9.6	10.4	9.6	8.8	8	6.6
Level 7	Incline	1.5	2	3	3	2.5	2	2	2	2.5	3	2
	Speed(MPH)	2.5	3.8	5	5.5	6	6.5	7	6.5	6	5.5	4.5
	Speed(KM/H)	4	6.1	8	8.8	9.6	10.4	11.2	10.4	9.6	8.8	7.2
Level 8	Incline	1.5	2	3	3	2.5	2	2	2	2.5	3	2
	Speed(MPH)	2.8	4.1	5.5	6	6.5	7	7.5	7	6.5	6	4.9
	Speed(KM/H)	4.5	6.6	8.8	9.6	10.4	11.2	12	11.2	10.4	9.6	7.8
Level 9	Incline	2	2.5	3.5	3.5	3	2.5	2.5	2.5	3	3.5	2.5
	Speed(MPH)	3	4.5	6	6.5	7	7.5	8	7.5	7	6.5	5.3
	Speed(KM/H)	4.8	7.2	9.6	10.4	11.2	12	12.8	12	11.2	10.4	8.5
Level 10	Incline	2	2.5	3.5	3.5	3	2.5	2.5	2.5	3	3.5	2.5
	Speed(MPH)	3.3	4.9	6.5	7	7.5	8	8.5	8	7.5	7	5.6
	Speed(KM/H)	5.3	7.8	10.4	11.2	12	12.8	13.6	12.8	12	11.2	9

5) HILL RUN (PARAGON 8E ONLY) : Simulates a hill running. This program helps tone muscle and improve cardiovascular ability. speed changes and segments repeat every 30 seconds.



ALL
MODELS

Hill Run - Speed only													
Segments		Warm-Up		1	2	3	4	5	6	7	8	Cool Down	
Time		4:00 MIN		30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	4:00 MIN	
Level 1	Speed(MPH)	1	1.5	2	2.5	3	3.5	4	3.5	3	2.5	2.3	1.5
	Speed(KM/H)	1.6	2.4	3.2	4	4.8	5.6	6.4	5.6	4.8	4	3.7	2.4
Level 2	Speed(MPH)	1.3	1.9	2.5	3	3.5	4	4.5	4	3.5	3	2.6	1.8
	Speed(KM/H)	2.1	3	4	4.8	5.6	6.4	7.2	6.4	5.6	4.8	4.2	2.9
Level 3	Speed(MPH)	1.5	2.3	3	3.5	4	4.5	5	4.5	4	3.5	3	2
	Speed(KM/H)	2.4	3.7	4.8	5.6	6.4	7.2	8	7.2	6.4	5.6	4.8	3.2
Level 4	Speed(MPH)	1.8	2.6	3.5	4	4.5	5	5.5	5	4.5	4	3.4	2.3
	Speed(KM/H)	2.9	4.2	5.6	6.4	7.2	8	8.8	8	7.2	6.4	5.4	3.7
Level 5	Speed(MPH)	2	3	4	4.5	5	5.5	6	5.5	5	4.5	3.8	2.5
	Speed(KM/H)	3.2	4.8	6.4	7.2	8	8.8	9.6	8.8	8	7.2	6.1	4
Level 6	Speed(MPH)	2.3	3.4	4.5	5	5.5	6	6.5	6	5.5	5	4.1	2.8
	Speed(KM/H)	3.7	5.4	7.2	8	8.8	9.6	10.4	9.6	8.8	8	6.6	4.5
Level 7	Speed(MPH)	2.5	3.8	5	5.5	6	6.5	7	6.5	6	5.5	4.5	3
	Speed(KM/H)	4	6.1	8	8.8	9.6	10.4	11.2	10.4	9.6	8.8	7.2	4.8
Level 8	Speed(MPH)	2.8	4.1	5.5	6	6.5	7	7.5	7	6.5	6	4.9	3.3
	Speed(KM/H)	4.5	6.6	8.8	9.6	10.4	11.2	12	11.2	10.4	9.6	7.8	5.3
Level 9	Speed(MPH)	3	4.5	6	6.5	7	7.5	8	7.5	7	6.5	5.3	3.5
	Speed(KM/H)	4.8	7.2	9.6	10.4	11.2	12	12.8	12	11.2	10.4	8.5	5.6
Level 10	Speed(MPH)	3.3	4.9	6.5	7	7.5	8	8.5	8	7.5	7	5.6	3.8
	Speed(KM/H)	5.3	7.8	10.4	11.2	12	12.8	13.6	12.8	12	11.2	9	6.1
Level 11	Speed(MPH)	3	4.5	7	7.5	8	8.5	9	8.5	8	7.5	5.3	3.5
	Speed(KM/H)	4.8	7.2	11.2	12	12.8	13.6	14.4	13.6	12.8	12	8.5	5.6
Level 12	Speed(MPH)	3.3	4.9	7.5	8	8.5	9	9.5	9	8.5	8	5.6	3.8
	Speed(KM/H)	5.3	7.8	12	12.8	13.6	14.4	15.2	14.4	13.6	12.8	9	6.1

- 6) **MOUNTAIN CLIMB (PARAGON 7S/7E/8E ONLY):** A more intense version of MOUNTAIN CLIMB. Simulates a mountain ascent and descent. This program helps tone muscle and improve cardiovascular ability. Incline changes and segments repeat every 30 seconds.

Mountain Climb - Incline Only														
Segments	Warm-Up		1	2	3	4	5	6	7	8	9	10	Cool Down	
Time	4:00 MIN		30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	30 SEC	4:00 MIN	
Level 1	0	0	1	1.5	2	2.5	3	3	2.5	2	1.5	1	0	0
Level 2	0	0	1.5	2	2.5	3	3.5	3.5	3	2.5	2	1.5	0	0
Level 3	0	1	2	2.5	3	3.5	4	4	3.5	3	2.5	2	1	0
Level 4	0	1.5	2.5	3	3.5	4	4.5	4.5	4	3.5	3	2.5	1.5	0
Level 5	0	1.5	3	3.5	4	4.5	5	5	4.5	4	3.5	3	1.5	0
Level 6	0	1.5	3.5	4	4.5	5	5.5	5.5	5	4.5	4	3.5	1.5	0
Level 7	0	1.5	4	4.5	5	5.5	6	6	5.5	5	4.5	4	1.5	0
Level 8	0	2	4.5	5	5.5	6	6.5	6.5	6	5.5	5	4.5	2	0
Level 9	0	2	5	5.5	6	6.5	7	7	6.5	6	5.5	5	2	0
Level 10	0	2	5.5	6	6.5	7	7.5	7.5	7	6.5	6	5.5	2	0

- 7) **RANDOM :** Random is a program that will give you a different workout every time you enter. The incline level will change randomly.

Random																		
Seconds	Warm-Up				Program Segments - Rrepeat										Cool Down			
	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60
Level 1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1	1	1	2	2	1	4	3	5	2	7	4	1	6	3	1	1	1	1
2	1	2	2	3	2	5	4	6	3	8	5	2	7	4	2	1	1	1
3	2	2	3	3	3	6	5	7	4	9	6	3	8	5	2	1	1	1
4	2	3	3	4	4	7	6	8	5	10	7	4	9	6	3	1	1	1
5	3	4	4	4	5	8	7	9	6	11	8	5	10	7	3	3	2	1
6	3	5	4	5	6	9	8	10	7	12	9	6	11	8	4	3	2	1
7	4	5	5	5	7	10	9	11	8	12	10	7	12	9	4	3	2	1
8	4	5	5	5	8	11	10	12	9	12	11	8	12	10	4	3	2	1
9	4	5	5	5	9	12	11	12	10	12	12	9	12	11	5	4	3	1
10	4	5	6	6	10	12	12	12	11	12	12	10	12	12	5	4	3	1

8) CUSTOM PROGRAMS: (PARAGON 5S preset program: CUSTOM 1; PARAGON 7S/7E preset program: CUSTOM 1 & CUSTOM 2; PARAGON 8E preset program: CUSTOM 1 & CUSTOM 2).

Lets you create and reuse a perfect workout for you with specific speed, incline and time combination. The ultimate in personal programming. Time-based goal.

- 1) Select CUSTOM 1, CUSTOM 2 using +/- and press enter on the programming button .
- 2) Select WEIGHT using +/- and press enter on the programming button .
- 3) Select TIME using +/- and press enter on the programming button .
- 4) Select SPEED for segments 1 through 15 using +/- and press enter to set each segment.
- 5) Select INCLINE for segments 1 through 15 using +/- and press enter to set each segment.
- 6) Press START to begin exercising. At this time, your program has been successfully saved into memory and can be used for future workouts.

NOTE:

- While using your saved program, you are able to adjust the speed or incline, but any changes will not be saved.
- To reset the memory, press and hold enter for 5 seconds.

9) PACE: Trains you to run at a steady “race pace”. Enter in the distance plus the time limit, and the program calculates a steady pace.

10) FIT TEST (PARAGON 7S/7E/8E ONLY): A workout based on the Gerkin protocol. This test has various stages increasing treadmill speed and incline until your max. heart rate is reached. Your score is based on your gender, age, and time needed to complete the test.

WARM-UP : 3 minutes long at 1.6 - 4.8 km/h / 1.0 - 3.0 mph and 0% incline.

STAGE 1 : 1 minute long at 7.2 km/h / 4.5 mph and 0% incline.

STAGE 2 : 1 minute long at 7.2 km/h / 4.5 mph and 2% incline.

STAGE 3 : 1 minute long at 8.0 km/h / 5.0 mph and 2% incline.

STAGE 4 THROUGH 17 : After every odd minute, the incline will increase by 2%. After every even minute, the speed will increase by 0.5 mph(0.8km/h). Once the user’s heart rate exceeds the target heart rate (85% of maximum as determined by the equation $[220 - \text{age}] \times [0.85] = \text{target heart rate}$), the evaluation ends and the final evaluation stage is recorded.

COOL-DOWN : The test is completed when user’s heart rate exceeds the target or the users completes all 17 stages, whichever occurs first. Then the treadmill will enter cool down for 3 minutes.



ALL
MODELS

11) DISTANCE TARGET (PARAGON 5S PRESET PROGRAM: 800M, 5K; PARAGON 7S/7E PRESET PROGRAM: 800M, 5K, 10K; PARAGON 8E PRESET PROGRAM: 800M, 5K, 10K, HALF MARATHON): Distance-based program. Calculates targets distances from your MCU and continues until program goal is reached.

12) CALORIES TARGET (PARAGON 5S PRESET PROGRAM: 100 KCAL, 500 KCAL; PARAGON 7S/7E PRESET PROGRAM: 100 KCAL, 300 KCAL, 500 KCAL; PARAGON 8E PRESET PROGRAM: 100 KCAL, 300 KCAL, 500 KCAL, 700 KCAL) : A workout that allows you to select a specific number of calories you would like to burn during your workout. Increasing the calories goal of the workout will increase the duration of the workout.

13) HRC (SPEED, INCLINE, INTERVAL) (PARAGON 5S PRESET PROGRAM: HRC INCLINE; PARAGON 7S/7E PRESET PROGRAM: HRC SPEED, HRC INCLINE; PARAGON 8E PRESET PROGRAM: HRC SPEED, HRC INCLINE, HRC INTERVAL)

HR Speed : Program adjusts speed to bring to your target heart rate.

HR Incline : Program adjusts incline to bring to your target heart rate.

HR Interval : Program adjusts speed and incline to bring to your target heart rate.

HEART RATE TRAINING

The first step in knowing the right intensity for your training is to find out your maximum heart rate (max HR = 220 – your age). The agebased method provides an average statistical prediction of your max HR and is a good method for the majority of people, especially those new to heart rate training. The most precise and accurate way of determining your individual max HR is to have it clinically tested by a cardiologist or exercise physiologist through the use of a maximal stress test. If you are over the age of 40, overweight, have been sedentary for several years, or have a history of heart disease in your family, clinical testing is recommended. This chart gives examples of the heart rate range for a 30 year old exercising at 5 different heart rate zones.

For example, a 30-year-old's max HR is 220 – 30 = 190 bpm and 90% max HR is 190 × 0.9 = 171 bpm.

Target Heart Rate Zone	Workout Duration	Example THR Zone (age 30)	Your THR Zone	Recommended For
VERY HARD 90 – 100%	< 5 MIN	171 – 190 BPM		Fit persons and for athletic training
HARD 80 – 90%	2 – 10 MIN	152 – 171 BPM		Shorter workouts
MODERATE 70 – 80%	10 – 40 MIN	133 – 152 BPM		Moderately long workouts
LIGHT 60 – 70%	40 – 80 MIN	114 – 133 BPM		Longer and frequently repeated shorter exercises
VERY LIGHT 50 – 60%	20 – 40 MIN	104 – 114 BPM		Weight management and active recovery

Your target heart rate should be set at a number that you will be able to exercise at throughout the majority of your workout. Once you have chosen your target heart rate, press the 'Start' button and begin your workout.

- There is a 4-minute warm-up built into this program at level 1 incline.
- After 4 minutes, the incline will gradually adjust to bring your heart rate (within +/- 5 beats) of the target number you selected at the beginning of the program.
- Once the user is at the target heart rate zone (plus or minus 5 beats), the elevation level will remain at the current resistance level.
- If there is no heart rate detected, the unit will not change incline levels up or down.
- If the user is more than 25 beats per minute above the target heart rate zone, the console will shut down for safety reasons.

NOTE:

- The chest strap is required to use the HRC program, with HRC program you can only choose time as your workout target.
- Target heart rate is selected in multiples of 5 beats.
- The large dot matrix window displays your heart rate during exercise. The middle row represents your target heart rate (THR) and the other rows equal +/-2 heart beats. If you are working out beneath your THR, the LEDs below the middle row will illuminate. If you are over, the display LCD/LED above the middle row will illuminate. Your current heart rate is represented by the flashing column and the window will refresh every 5 seconds.



ALL
MODELS



ALL
MODELS

ENERGY SAVER (STANDBY MODE)

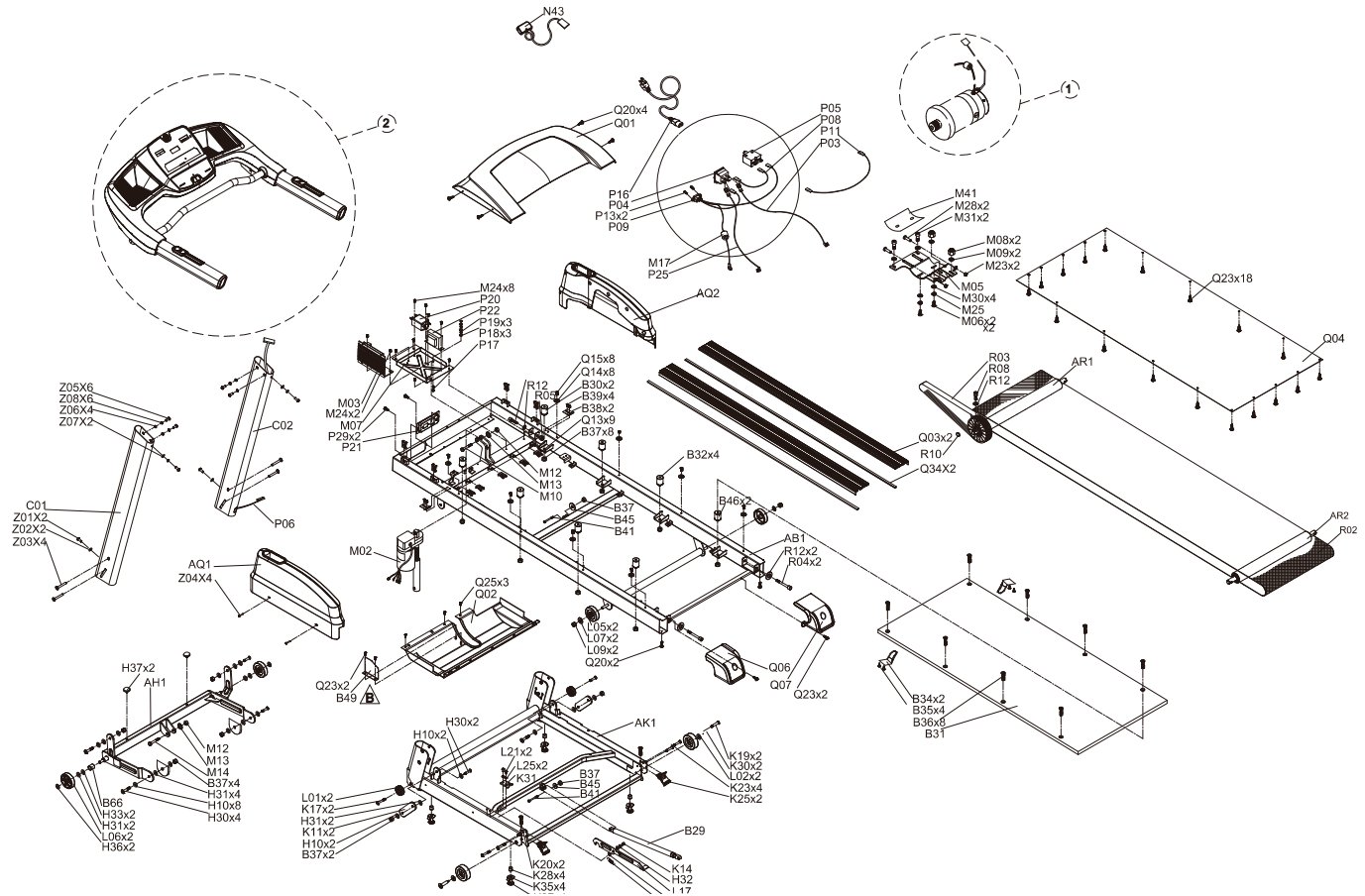
This machine has an energy saver mode. The display will automatically enter standby mode (energy saver mode) after 15 minutes of inactivity after paused. (Also You can press the Power Button into Energy Saver mode instantly, only in Paragon 8E.) Almost all power for the machine will be off except for some circuits that are needed to detect a key press, indicating the console should “wake up”.

SYNCING TREADMILL WITH PASSPORT (PARAGON 7S / 7E / 8E ONLY)

- 1) Use the arrow keys on the Passport remote to scroll to the setup icon and press select.
- 2) Follow the on-screen prompt to press and hold the incline up and stop buttons on the console.
- 3) Once your sync is success, your treadmill message bar will change from RF Sync to Passport ready.
- 4) Besides point 3, the message displayed on-screen will notify you if the sync was a success or failure.

NOTE: See Passport Owner’s Manual for more information.

PARAGON 5S EXPLODED VIEW



NO.	DESCRIPTION
1	MOTOR SET;MOTOR;TM482;
2	CONSOLE SET;CONSOLE;TM482;
AB1	FRAME SET-EXREAWORK;SCREEN PRINT;TM48
AH1	ELEVATION SUPT RACK SET;PAINTING;MM384
AK1	BASE FRAME SET;PAINTING;MM384;TM480-2
AQ1	SHIELD SET;CONSOLE MAST;LEFT DOWN;TM480
AQ2	SHIELD SET;CONSOLE MAST;RIGHT DOWN;TM48
AR1	ROLLER SET;FRONT;TEXTURE;TM136
AR2	ROLLER SET;REAR;Φ46;TM59
B29	AIR STICK;SLOW-DROP;400N;JOURNEY350MM;
B30	ELASTOMER;RUNNING DECK;Φ30X37X26;TM41
B31	FINISHED TREADMILL DECK;600X1340X18T;SI
B32	ELASTOMER
B34	BELT GUIDE
B35	SCREW;BH;ΦX5X12L;TC;PH;BED;POT;
B36	SCREW;FH;M8X1.25PX30L;HS;
B37	NUT;NLK;M8X1.25P;BZN;
B38	SIDE RAIL FIXING PLATE;MM384-DARK SI
B39	SCREW;TRH;ΦX4X15L;TC;PH;BED;POT;
B41	SCREW;BH;M8X1.25PX30L;HS;BAN;
B45	WASHER;FLAT;ΦX8.2XΦX15.0X1.2T;BED;ROHS
B46	ELASTOMER BLACK 90
B49	STOPPER;PAINTING;BLACK2;TM480;
B66	SLEEVE;Φ22.2X1.0TX22L;TM27
C01	CONSOLE MAST-EXTRAWORK;LEFT;SCREEN PRIN
C02	CONSOLE MAST-EXTRAWORK;RIGHT;SCREEN PRI

NO.	DESCRIPTION
H10	WASHER;FLT;Φ10.5XΦ18.0X2.6T;
H30	SCREW;M8X1.25PX26L-10L;20CR;BAN;SP
H31	WASHER;FLT;Φ10.5XΦ20.0X1.0T;TFN;
H32	WASHER;FLAT;ΦX10.2XΦX20.0X1.0T;BL ZN;R
H33	WASHER;FLAT;Φ10.5XΦ20.0X2.0T;ZINC;
H36	SNAP RING;EXTERNAL C-SHAPED;S-10;BLACK
H37	RUBBER STOPPER;AC003;TM16
K11	CONNECT PLATE;MM384-DARK SILVER;TM48
K14	SCREW;M8X1.25PX12L-6L;BZN;P-T
K15	SPRING;EXT;Φ2.0XΦ16.0X50.0LX12N;
K17	SCREW;BH;M10X1.5PX40L;HS;BP
K19	SCREW;FH;M8X1.25PX45L-15L;HS;BZN;P-T
K20	SCREW;BH;M8X15L;HS;BZN;BP;G8.8;
K23	SCREW;FH;M4XX40L;PH;BED;
K25	BRAKE LOCATION SET;TM332
K27	FOOT PAD;ADJUST;RUBBER;W3/8-16UNC;FMW38A
K28	RVN;ALS7-616-150(0.02-0.15);YZN;
K30	WASHER;FLT;Φ8.5XΦ19.0X2.0T;BZN;
K31	HOOK BASE;PAINTING;MM384;TM480;
K35	ADJUSTABLE FOOT PAD NUT
L01	FRONT CARRIAGE ROLLER; NYLON PA6;Φ46XΦ10
L02	WHEEL MOBILE FRAME BASE
L05	WHEEL;NYLON;Φ74;TM27
L06	TRANSPORT WHEEL
L07	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
L09	SCREW;HEX;M6X1.0PX25L;

NO.	DESCRIPTION
L17	LOCATION HOOK;PAINTING;MM384;TM480;
L21	SCREW;SH;M6X1.0PX10L;HS;BZN;
L25	WASHER;SPRING LOCK;ΦX6.1XΦX10.0X1.2T;BL
M02	MOTOR;AC ELEVATION;220V;80MM;225;10PIN;J
M03	MCB;2.0-2.75HP/220V;HAPA;0D0104;0.5W
M05	MOTOR FIXNG PLATE;MM384-DARK SILVER;
M06	SCREW;SH;5/16-18UNCX14L;HS;BP
M07	MOTOR CONTROL BOARD FIX PLATE; SPC;TM148
M08	NUT;NLK;M8X1.25P;BZN;
M09	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
M10	SCREW;HEX HEAD;3/8-16UNC-47L-14L;BLAC
M12	NUT;NYLOCK;3/8"-16UNC;BLACK ANNODIZED;
M13	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
M14	SCREW;HH;3/8-16UNCX60L-18L ;HE;P-T
M17	FERRITE CORE
M23	NUT;HX;M6X1.0P;SS41;BZN;
M24	SCREW;BUTTON HEAD;Φ4X10L;THREAD CUTTING;
M25	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M28	SCREW;HH;M6X1.0PX25L;HE;
M30	WASHER;FLAT;ΦX8XΦX16.0X1.4T;BL ZN;ROHS
M31	SCREW;SH;M8X1.25PX15L;HS;CRMO;
M41	MOTOR ELASTOMER PAD;RUBBER;TM16
N43	SAFETY KEY SET;SEMI-ASSY;TM637
P03	WIRE;MCB PWR;550L;16AWG;BLACK;LOCKING
P04	POWER SWITCH;DOUBLE POLE;W/O LIGHT;125V/
P05	OVERCURRENT BREAKER;10A;250V;TM18

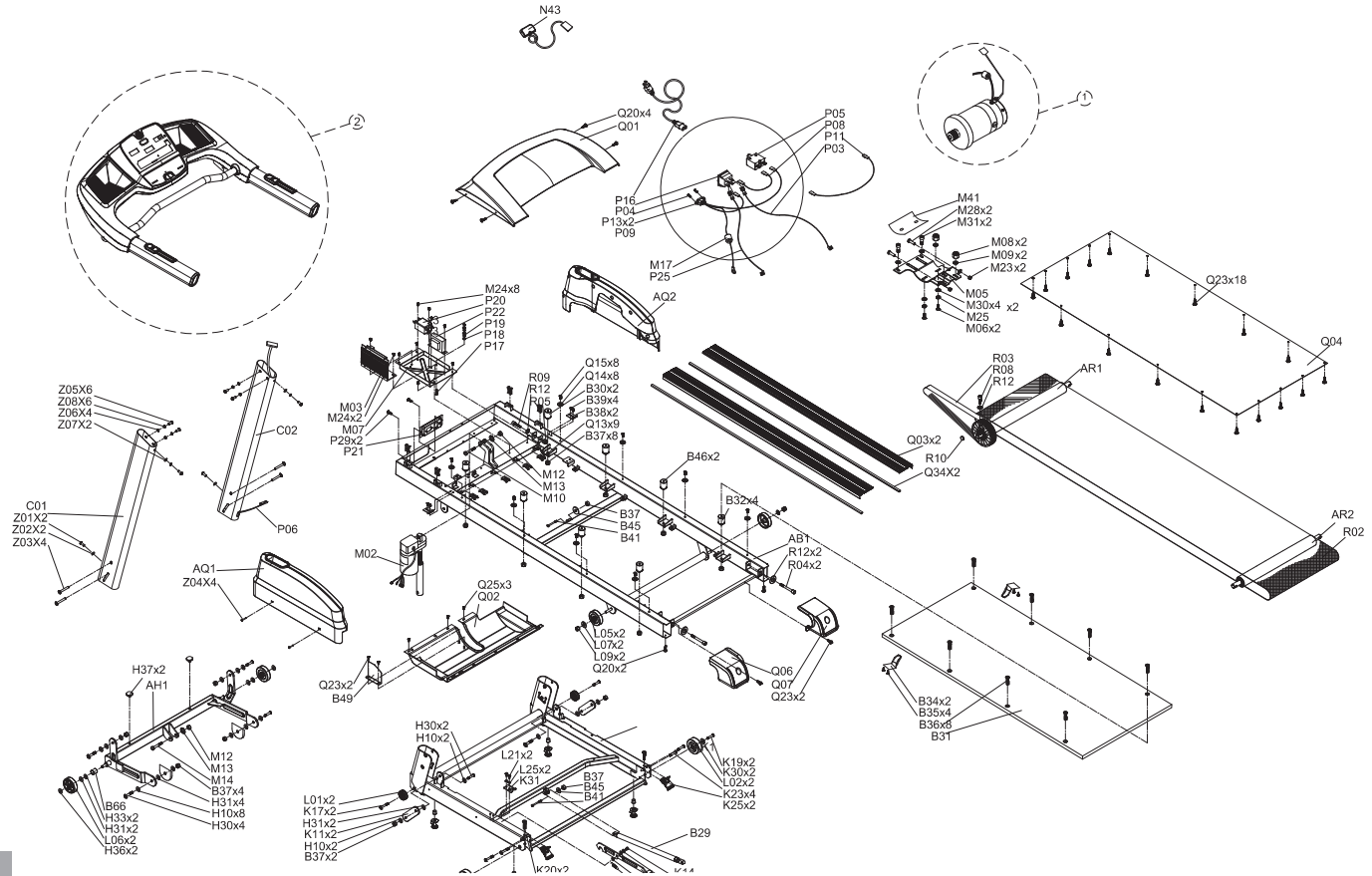
NO.	DESCRIPTION
P06	CONSOLE WIRE;BELOW;2150MM;CKM254301-
P08	WIRE;BS CON;BLACK;250LOCK2 60L;
P09	PWR SOCKET SET;CE;100,1250,80;TM283-P09A
P11	SF CONNECTING WIRE
P13	SCREW;FH;M3X0.5PX10L;PH;ZN;
P16	EXTERNAL PWR;IN;1.5MM;2M;
P16	EXTERNAL PWR;NEW ZEALAND;1.5MM;2M;
P16	EXTERNAL PWR;EUROPE;1.5MM;2M;
P16	EXTERNAL PWR;CHINA;1.5MM;2M
P16	EXTERNAL PWR;HK/KW/GB;1.5MM;2M;
P16	EXTERNAL PWR;US/CA/TH;16AWG;2M
P16	EXTERNAL PWR;ARGENTINA;1.5MM;2M;
P16	EXTERNAL PWR;SOUTH AFRICA;1.5MM;
P16	EXTERNAL PWR;SWEDEN;2M;1.5MM
P16	EXTERNAL PWR;BR;LENGTH:2M;1.5MM2
P16	EXTERNAL PWR;1.5MM2;2M;THAILAND;
P16	EXTERNAL PWR;TAIWAN;2.0MM2;2M;MEET T
P16	EXTERNAL PWR;KOREA;1.5MM2;2M;KC CERT
P16	EXTERNAL PWR WIRE SET;ISRAEL;1.5MM;2
P16	WIRE;EXTERNAL PWR;SET;CHILE USED;JIS2 U
P17	SCREW;BH;M5X25L;CT;PH;NKL;
P18	WASHER;TOOTH;Φ5.3XΦ10.0X0.6T;BAN;
P19	NUT;HX;M5X0.8P;SS41;NKL;
P20	FILTER;10A;250V;DNF055-H-10A;ROHS
P21	POWE SWITCH FIX BASE;MM384-DARK SILV
P22	INDUCTANCE;6MH,200,200;TM27

NO.	DESCRIPTION
P25	WIRE;MCB PWR;550L;16AWG;WHITE;LOCKING
P29	SCREW;BH;M5X12L;PH;BZN;
Q01	MOTOR COVER-EXREAWORK;SCREEN PRINT;TM
Q02	COVER;MOTOR;D;ABS;TM285
Q03	RAIL;ACCENT;PVC;BL/BLACK C;
Q04	COVER;FRAME;D;
Q06	END CAP;LEFT;ABS/PA757;TM480;
Q07	END CAP;RIGHT;ABS/PA757;TM480;
Q13	CLIP;STANDARD;WUSN-4039;
Q14	FIXING BLOCK;SIDE RAIL;STRONG-NYLON;T
Q15	SCREW;FH;#P5X15L;SM;PH;
Q20	SCREW;BH;Φ4X15L;TC;PH;BED;POT;G8.8;
Q23	SCREW;TRH;Φ4X10L;SM;PH;BZN;POT
Q25	SCREW;BH;M4X0.7PX8L;CT;PH;BZN;
Q34	COVER LAYERING;D;PVC**DISC NOT STOCKING
R02	TREADMILL BELT;500X3020X2.2T;NA;PAHS
R03	BELT;POLY-V;533J8;HUTCHINSON
R04	SCREW;SH;M8X1.25PX90L;HS;ZN;
R05	NUT;NLK;M8X1.25P;BZN;
R08	SCREW;SH;M8X1.25PX30L;HS;BZN;
R09	SCREW;SH;M8X1.25PX55L;HS;BAN;
R10	MAGNET; 10X3T
R12	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
Z01	SCREW;BH;M8X1.25PX20L;HS;BZN;BP
Z02	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z03	SCREW;FH;M8X1.25PX60L-20L;HS;BAN;BP;P

NO.	DESCRIPTION
Z04	SCREW;BH;M4X0.7PX30L;PH;BAN;
Z05	SCREW;BH;M8X1.25PX20L;HS;BZN;BP
Z06	WASHER;FLT;Φ8.4XΦ15.5X1.6T;BZN;
Z07	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z08	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M01	DRIVER MOTOR;DC;GREEN;2.5HP;180V;
M04	CASTING;MOTOR FLYWHEEL;FC20;?155,?35
M17	FERRITE CORE
M47	ECODE SET;SEMI-ASSY;2.5HP;
AN1	CONSOLE BASE FRAME SET;PAINTING;BLACK
C07	FOAM;ARM REST;EVA FOAM;TM477;
N01	COVER;CONSOLE;U;PAINTING;DARK SILVER;TM
N02	COVER;CONSOLE;DOWN;ABS/PA757;BL/BLACK C;
N03	OVERLAY;PAINTING;DARK SILVER;TM477;
N08	FIXING BRACKET;NYLON 66;WHITE;1202 KSS
N13	COVER1;QUICK KEY;ABS/PA757;TM477
N19	KETTLE RACK;LEFT;ABS/PA757;TM477;
N20	KETTLE RACK;RIGHT;ABS/PA757;TM477;
N38	WIRE;GRIP PULSE;250+Φ6 ;500;TM219;TM2
N42	SCREW;BH;Φ4X8L;SM;PH;YZN;POT
N44	SCREW;BH;Φ4X12L;SM;PH;BZN;POT
N45	SCREW;BH;Φ3X8L;TC;PH;FLT
N60	(UP)CONTROL PANEL;HDPC;S1.007;PARAGON
N61	MEMBRANE KEYPAD;HANDBAR KEY;PARAGON 5-
N62	MEMBRANE KEYPAD;MEMBRANE;U;PARAGON 5-C;T
N63	OVERLAY;UP;ENG/GER;PARAGON 5-C;

NO.	DESCRIPTION
N64	OVERLAY;DOWN;ENG/GER;PARAGON 5-C;INCLUD
N65	QUICK KEY CON WIRE;LEFT;GREEN;950MM;
N66	QUICK KEY CON WIRE;RIGHT;YELLOW2;950M
N69	WIRELESS RECEIVER SET;130;XHS-3Y(RED)+
N70	SAFE SWITCH;RED;220L;(XHS2.5-2P);MAC
N71	MEMBRANE KEYPAD;SPEED;PARAGON5-C;ENG/G
N90	ADSORPTIVE PLATE;ZINC 15*25;TM257;TM25
P07	WIRE;PCB CONNECTION;650L(CKM254301-8P+SM
Q05	CAP;ARM REST;PP;BL/BLACK C
V63	LOGO LABEL;Φ30;AL;

PARAGON 7S EXPLODED VIEW



NO.	DESCRIPTION
1	MOTOR SET;MOTOR;TM482;
2	CONSOLE SET;CONSOLE;TM483;
AB1	FRAME SET-EXREAWORK;SCREEN PRINT;TM48
AH1	ELEVATION SUPT RACK SET;PAINTING;MM384
AK1	BASE FRAME SET;PAINTING;MM384;TM480-2
AQ1	SHIELD SET;CONSOLE MAST;LEFT DOWN;TM480
AQ2	SHIELD SET;CONSOLE MAST;RIGHT DOWN;TM48
AR1	ROLLER SET;FRONT;TEXTURE;TM136
AR2	ROLLER SET;REAR;Φ46;TM59
B29	AIR STICK;SLOW-DROP;400N;JOURNEY350MM;
B30	ELASTOMER;RUNNING DECK;Φ30X37X26;TM41
B31	FINISHED TREADMILL DECK;600X1340X18T;SI
B32	ELASTOMER
B34	BELT GUIDE
B35	SCREW;BH;ΦX5X12L;TC;PH;BED;POT;
B36	SCREW;FH;M8X1.25PX30L;HS;
B37	NUT;NLK;M8X1.25P;BZN;
B38	SIDE RAIL FIXING PLATE;MM384-DARK SI
B39	SCREW;TRH;ΦX4X15L;TC;PH;BED;POT;
B41	SCREW;BH;M8X1.25PX30L;HS;BAN;
B45	WASHER;FLAT;ΦX8.2XΦX15.0X1.2T;BED;ROHS
B46	ELASTOMER BLACK 90
B49	STOPPER;PAINTING;BLACK2;TM480;
B66	SLEEVE;Φ22.2X1.0TX22L;TM27
C01	CONSOLE MAST-EXTRAWORK;LEFT;SCREEN PRIN
C02	CONSOLE MAST-EXTRAWORK;RIGHT;SCREEN PRI

NO.	DESCRIPTION
H10	WASHER;FLT;Φ10.5XΦ18.0X2.6T;
H30	SCREW;M8X1.25PX26L-10L;20CR;BAN;SP
H31	WASHER;FLT;Φ10.5XΦ20.0X1.0T;TFN;
H32	WASHER;FLAT;ΦX10.2XΦX20.0X1.0T;BL ZN;R
H33	WASHER;FLAT;Φ10.5XΦ20.0X2.0T;ZINC;
H36	SNAP RING;EXTERNAL C-SHAPED;S-10;BLACK
H37	RUBBER STOPPER;AC003;TM16
K11	CONNECT PLATE;MM384-DARK SILVER;TM48
K14	SCREW;M8X1.25PX12L-6L;BZN;P-T
K15	SPRING;EXT;Φ2.0XΦ16.0X50.0LX12N;
K17	SCREW;BH;M10X1.5PX40L;HS;BP
K19	SCREW;FH;M8X1.25PX45L-15L;HS;BZN;P-T
K20	SCREW;BH;M8X15L;HS;BZN;BP;G8.8;
K23	SCREW;FH;M4X40L;PH;BED;
K25	BRAKE LOCATION SET;TM332
K27	FOOT PAD;ADJUST;RUBBER;W3/8-16UNC;FMW38A
K28	RVN;ALS7-616-150(0.02-0.15);YZN;
K30	WASHER;FLT;Φ8.5XΦ19.0X2.0T;BZN;
K31	HOOK BASE;PAINTING;MM384;TM480;
K35	ADJUSTABLE FOOT PAD NUT
L01	FRONT CARRIAGE ROLLER; NYLON PA6;Φ46XΦ10
L02	WHEEL MOBILE FRAME BASE
L05	WHEEL;NYLON;Φ74;TM27
L06	TRANSPORT WHEEL
L07	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
L09	SCREW;HEX;M6X1.0PX25L;

NO.	DESCRIPTION
L17	LOCATION HOOK;PAINTING;MM384;TM480;
L21	SCREW;SH;M6X1.0PX10L;HS;BZN;
L25	WASHER;SPRING LOCK;ΦX6.1XΦX10.0X1.2T;BL
M02	MOTOR;AC ELEVATION;220V;80MM;225;10PIN;J
M03	MCB;2.0-2.75HP/220V;HAPA;0D0104;0.5W
M05	MOTOR FIXNG PLATE;MM384-DARK SILVER;
M06	SCREW;SH;5/16-18UNCX14L;HS;BP
M07	MOTOR CONTROL BOARD FIX PLATE; SPC;TM148
M08	NUT;NLK;M8X1.25P;BZN;
M09	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
M10	SCREW;HEX HEAD;3/8-16UNC-47L-14L;BLAC
M12	NUT;NYLOCK;3/8"-16UNC;BLACK ANNOIDIZED;
M13	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
M14	SCREW;HH;3/8-16UNCX60L-18L ;HE;P-T
M17	FERRITE CORE
M23	NUT;HX;M6X1.0P;SS41;BZN;
M24	SCREW;BUTTON HEAD;Φ4X10L;THREAD CUTTING;
M25	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M28	SCREW;HH;M6X1.0PX25L;HE;
M30	WASHER;FLAT;ΦX8XΦX16.0X1.4T;BL ZN;ROHS
M31	SCREW;SH;M8X1.25PX15L;HS;CRMO;
M41	MOTOR ELASTOMER PAD;RUBBER;TM16
N43	SAFETY KEY SET;SEMI-ASSY;TM637
P03	WIRE;MCB PWR;550L;16AWG;BLACK;LOCKING
P04	POWER SWITCH;DOUBLE POLE;W/O LIGHT;125V/
P05	OVERCURRENT BREAKER;10A;250V;TM18

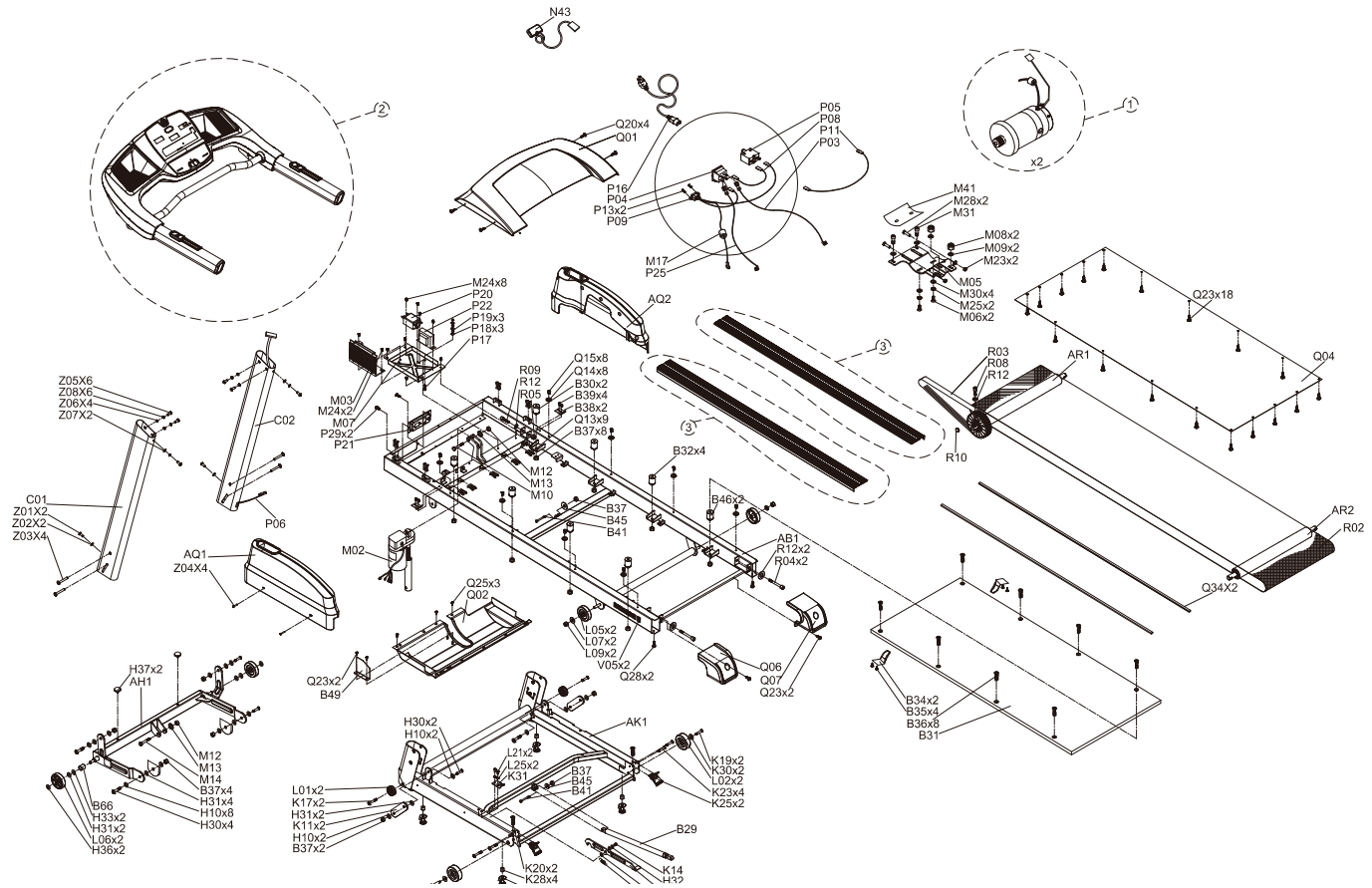
NO.	DESCRIPTION
P06	CONSOLE WIRE;BELOW;2150MM;CKM254301-
P08	WIRE;BS CON;BLACK;250LOCK2 60L;
P09	PWR SOCKET SET;CE;100,1250,80;TM283-P09A
P11	SF CONNECTING WIRE
P13	SCREW;FH;M3X0.5PX10L;PH;ZN;
P16	EXTERNAL PWR;IN;1.5MM;2M;
P16	EXTERNAL PWR;NEW ZEALAND;1.5MM;2M;
P16	EXTERNAL PWR;EUROPE;1.5MM;2M;
P16	EXTERNAL PWR;CHINA;1.5MM;2M
P16	EXTERNAL PWR;HK/KW/GB;1.5MM;2M;
P16	EXTERNAL PWR;US/CA/TH;16AWG;2M
P16	EXTERNAL PWR;ARGENTINA;1.5MM;2M;
P16	EXTERNAL PWR;SOUTH AFRICA;1.5MM;
P16	EXTERNAL PWR;SWEDEN;2M;1.5MM
P16	EXTERNAL PWR;BR;LENGTH;2M;1.5MM2
P16	EXTERNAL PWR;1.5MM2;2M;THAILAND;
P16	EXTERNAL PWR;TAIWAN;2.0MM2;2M;MEET T
P16	EXTERNAL PWR;KOREA;1.5MM2;2M;KC CERT
P16	EXTERNAL PWR WIRE SET;ISRAEL;1.5MM;2
P16	WIRE;EXTERNAL PWR;SET;CHILE USED;JIS2 U
P17	SCREW;BH;M5X25L;CT;PH;NKL;
P18	WASHER;TOOTH;Φ5.3XΦ10.0X0.6T;BAN;
P19	NUT;HX;M5X0.8P;SS41;NKL;
P20	FILTER;10A;250V;DNF055-H-10A;ROHS
P21	POWE SWITCH FIX BASE;MM384-DARK SILV
P22	INDUCTANCE;6MH,200,200;TM27

NO.	DESCRIPTION
P25	WIRE;MCB PWR;550L;16AWG;WHITE;LOCKING
P29	SCREW;BH;M5X12L;PH;BZN;
Q01	MOTOR COVER-EXREAWORK;SCREEN PRINT;TM
Q02	COVER;MOTOR;D;ABS;TM285
Q03	RAIL;ACCENT;PVC;BL/BLACK C;
Q04	COVER;FRAME;D;
Q06	END CAP;LEFT;ABS/PA757;TM480;
Q07	END CAP;RIGHT;ABS/PA757;TM480;
Q13	CLIP;STANDARD;WUSN-4039;
Q14	FIXING BLOCK;SIDE RAIL;STRONG-NYLON;T
Q15	SCREW;FH;#P5X15L;SM;PH;
Q20	SCREW;BH;Φ4X15L;TC;PH;BED;POT;G8.8;
Q23	SCREW;TRH;Φ4X10L;SM;PH;BZN;POT
Q25	SCREW;BH;M4X0.7PX8L;CT;PH;BZN;
Q34	COVER LAYERING;D;PVC**DISC NOT STOCKING
R02	TREADMILL BELT;500X3020X2.2T;NA;PAHS
R03	BELT;POLY-V;533J8;HUTCHINSON
R04	SCREW;SH;M8X1.25PX90L;HS;ZN;
R05	NUT;NLK;M8X1.25P;BZN;
R08	SCREW;SH;M8X1.25PX30L;HS;BZN;
R09	SCREW;SH;M8X1.25PX55L;HS;BAN;
R10	MAGNET; 10X3T
R12	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
Z01	SCREW;BH;M8X1.25PX20L;HS;BZN;BP
Z02	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z03	SCREW;FH;M8X1.25PX60L-20L;HS;BAN;BP;P

NO.	DESCRIPTION
Z04	SCREW;BH;M4X0.7PX30L;PH;BAN;
Z05	SCREW;BH;M8X1.25PX20L;HS;BZN;BP
Z06	WASHER;FLT;Φ8.4XΦ15.5X1.6T;BZN;
Z07	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z08	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M01	DRIVER MOTOR;DC;GREEN;2.5HP;180V;
M04	CASTING;MOTOR FLYWHEEL;FC20;?155,?35
M17	FERRITE CORE
M47	ECODE SET;SEMI-ASSY;2.5HP;
AN1	CONSOLE BASE FRAME SET;PAINTING;BLACK
C07	FOAM;ARM REST;EVA FOAM;TM477;
N01	COVER;CONSOLE;U;PAINTING;DARK SILVER;TM
N02	COVER;CONSOLE;DOWN;ABS/PA757;BL/BLACK C;
N03	OVERLAY;PAINTING;DARK SILVER;TM478;
N04	SHIM;READING RACK;FROTH;
N08	FIXING BRACKET;NYLON 66;WHITE;1202 KSS
N13	COVER1;QUICK KEY;ABS/PA757;TM477
N19	KETTLE RACK;LEFT;ABS/PA757;TM477;
N20	KETTLE RACK;RIGHT;ABS/PA757;TM477;
N38	WIRE;GRIP PULSE;250+Φ6 ;500;TM219;TM2
N42	SCREW;BH;Φ4X8L;SM;PH;YZN;POT
N44	SCREW;BH;Φ4X12L;SM;PH;BZN;POT
N45	SCREW;BH;Φ3X8L;TC;PH;FLT
N60	(UP)CONTROL PANEL;HDPC;S1.006;PARAGON
P21	POWE SWITCH FIX BASE;MM384-DARK SILV
P22	INDUCTANCE;6MH,200,200;TM27

NO.	DESCRIPTION
N61	KEY;HANDGRIP SHRAPNEL KEYPAD;PARAGON 7
N62	OVERLAY;UP;ENG/GER;PARAGON 7-C;TM478;
N63	KEY;U;SHRAPNEL KEY;TM478;PARAGON 7&8-C
N64	OVERLAY;DOWN;ENG/GER;PARAGON8-C;INCLUDE
N65	QUICK KEY CON WIRE;LEFT;GREEN;950MM;
N66	QUICK KEY CON WIRE;RIGHT;YELLOW2;950M
N68	KEY;PASSPORT KEYPAD;PARAGON 7&8-C;SHRA
N69	WIRELESS RECEIVER SET;130;XHS-3Y(RED)+
N70	SAFE SWITCH;RED;220L;(XHS2.5-2P);MAC
N71	KEY;SPEED;HANDGRIP SHRAPNEL KEYPAD;PARA
N90	ADSORPTIVE PLATE;ZINC 15*25;TM257;TM25
P07	WIRE;PCB CONNECTION;650L(CKM254301-8P+SM
Q05	CAP;ARM REST;PP;BL/BLACK C
V63	LOGO LABEL;Φ30;AL;

PARAGON 7E EXPLODED VIEW



NO.	DESCRIPTION
1	MOTOR SET;TM484;
2	CONSOLE SET;TM484;
3	SIDE RAIL SET;TM484;
AB1	FRAME SET;PAINTING;MM379;TM481;
AH1	ELEVATION SUPT RACK SET;PAINTING;MM379
AK1	BASE FRAME SET;PAINTING;MM379;TM481;
AQ1	SHIELD SET;CONSOLE MAST;LEFT DOWN;TM481
AQ2	SHIELD SET;CONSOLE MAST;RIGHT DOWN;TM48
AR1	ROLLER SET;FRONT;TEXTURE;TM136
AR2	ROLLER SET;REAR;φ46;TM59
B29	AIR STICK;SLOW-DROP;400N;JOURNEY350MM;
B30	ELASTOMER;RUNNING DECK;φ30X37X26;TM41
B31	FINISHED TREADMILL DECK;600X1340X18T;SI
B32	ELASTOMER
B34	BELT GUIDE
B35	SCREW;BH;φX5X12L;TC;PH;BED;POT;
B36	SCREW;FH;M8X1.25PX30L;HS;
B37	NUT;NLK;M8X1.25P;BZN;
B38	SIDE RAIL FIXING PLATE;MM379;TM481;
B39	SCREW;TRH;φX4X15L;TC;PH;BED;POT;
B41	SCREW;BH;M8X1.25PX30L;HS;BAN;
B45	WASHER;FLAT;φX8.2XφX15.0X1.2T;BED;ROHS
B46	ELASTOMER BLACK 90
B49	STOPPER;PAINTING;BLACK2;TM480;
B66	SLEEVE;φ22.2X1.0TX22L;TM27
C01	CONSOLE MAST-EXTRAWORK;LEFT;SCREEN PRIN

NO.	DESCRIPTION
C02	CONSOLE MAST-EXTRAWORK;RIGHT;SCREEN PRI
H10	WASHER;FLT;φ10.5Xφ18.0X2.6T;
H30	SCREW;M8X1.25PX26L-10L;20CR;BAN;SP
H31	WASHER;FLT;φ10.5Xφ20.0X1.0T;TFN;
H32	WASHER;FLAT;φX10.2XφX20.0X1.0T;BL ZN;R
H33	WASHER;FLAT;φ10.5Xφ20.0X2.0T;ZINC;
H36	SNAP RING;EXTERNAL C-SHAPED;S-10;BLACK
H37	RUBBER STOPPER;AC003;TM16
K11	CONNECT PLATE;MM379;TM481;
K14	SCREW;M8X1.25PX12L-6L;BZN;P-T
K15	SPRING;EXT;φ2.0Xφ16.0X50.0LX12N;
K17	SCREW;BH;M10X1.5PX40L;HS;BP
K19	SCREW;FH;M8X1.25PX45L-15L;HS;BZN;P-T
K20	SCREW;BH;M8X15L;HS;BZN;BP;G8.8;
K23	SCREW;FH;M4XX40L;PH;BED;
K25	BRAKE LOCATION SET;TM332
K27	FOOT PAD;ADJUST;RUBBER;W3/8-16UNC;FMW38A
K28	RVN;ALS7-616-150(0.02-0.15);YZN;
K30	WASHER;FLT;φ8.5Xφ19.0X2.0T;BZN;
K31	HOOK BASE;PAINTING;MM379;TM481;
K35	ADJUSTABLE FOOT PAD NUT
L01	FRONT CARRIAGE ROLLER; NYLON PA6;φ46Xφ10
L02	WHEEL MOBILE FRAME BASE
L05	WHEEL;NYLON;φ74;TM27
L06	TRANSPORT WHEEL
L07	WASHER;FLT;φ10.5Xφ20.0X2.0T;BZN;

NO.	DESCRIPTION
L09	SCREW;HEX;M6X1.0PX25L;
L17	LOCATION HOOK;PAINTING;MM379;TM481;
L21	SCREW;SH;M6X1.0PX10L;HS;BZN;
L25	WASHER;SPRING LOCK;ΦX6.1XΦX10.0X1.2T;BL
M02	MOTOR;AC ELEVATION;220V;80MM;225;10PIN;J
M03	MCB;2.0-2.75HP/220V;HAPA;0D0104;0.5W
M05	MOTOR FIXNG PLATE;MM379;TM481;
M06	SCREW;SH;5/16-18UNCX14L;HS;BP
M07	MOTOR CONTROL BOARD FIX PLATE; SPC;TM148
M08	NUT;NLK;M8X1.25P;BZN;
M09	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
M10	SCREW;HEX HEAD;3/8-16UNC-47L-14L;BLAC
M12	NUT;NYLOCK;3/8"-16UNC;BLACK ANNODIZED;
M13	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
M14	SCREW;HH;3/8-16UNCX60L-18L ;HE;P-T
M17	FERRITE CORE
M23	NUT;HX;M6X1.0P;SS41;BZN;
M24	SCREW;BUTTON HEAD;Φ4X10L;THREAD CUTTING;
M25	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M28	SCREW;HH;M6X1.0PX25L;HE;
M30	WASHER;FLAT;ΦX8XΦX16.0X1.4T;BL ZN;ROHS
M31	SCREW;SH;M8X1.25PX15L;HS;CRMO;
M41	MOTOR ELASTOMER PAD;RUBBER;TM16
N43	SAFETY KEY SET;SEMI-ASSY;TM637
P03	WIRE;MCB PWR;550L;16AWG;BLACK;LOCKING
P04	POWER SWITCH;DOUBLE POLE;W/O LIGHT;125V/

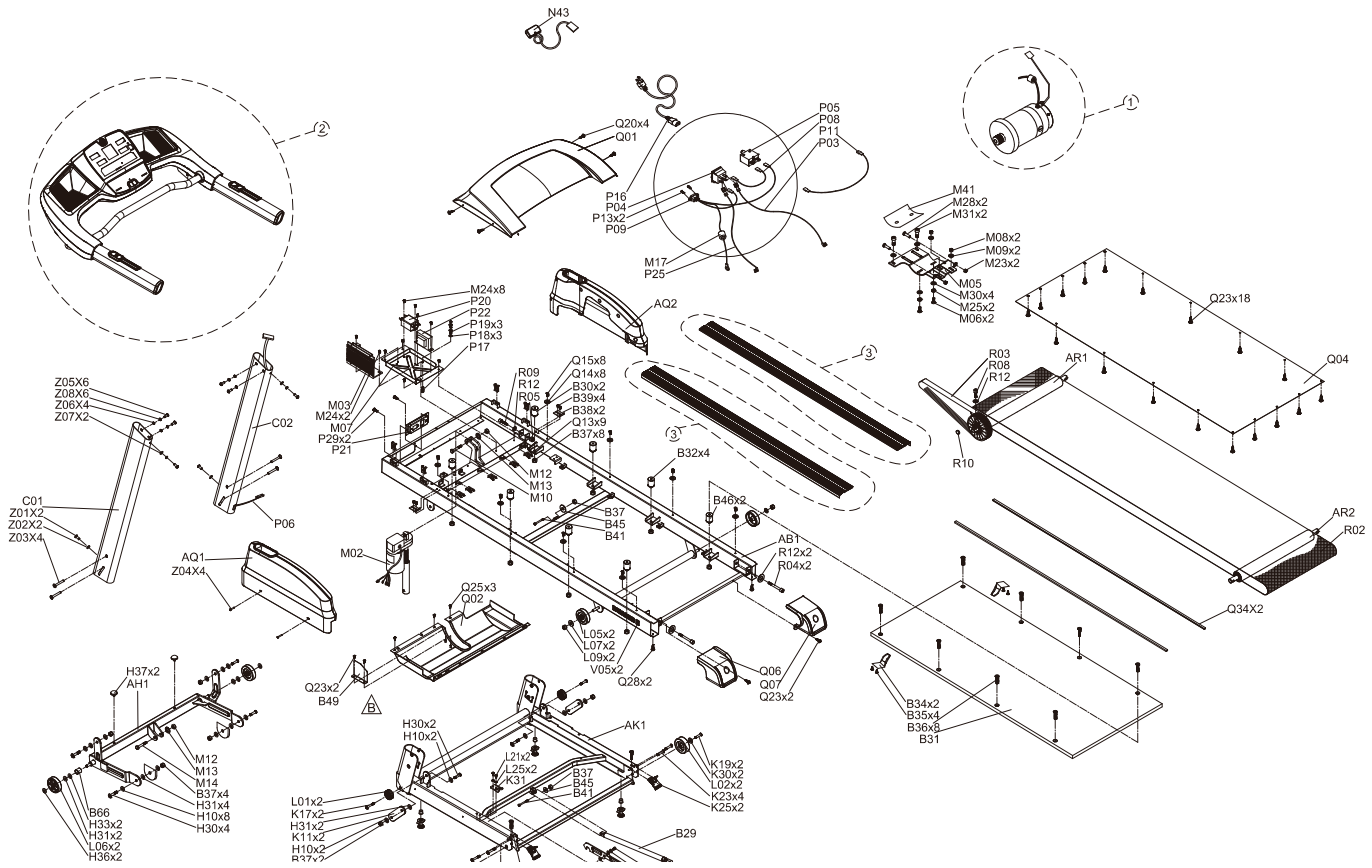
NO.	DESCRIPTION
P05	OVERCURRENT BREAKER;10A;250V;TM18
P06	CONSOLE WIRE;BELOW;2150MM;CKM254301-
P08	WIRE;BS CON;BLACK;250LOCK2 60L;
P09	PWR SOCKET SET;CE;100,1250,80;TM283-P09A
P11	SF CONNECTING WIRE
P13	SCREW;FH;M3X0.5PX10L;PH;ZN;
P16	EXTERNAL PWR;IN;1.5MM;2M;
P16	EXTERNAL PWR;NEW ZEALAND;1.5MM;2M;
P16	EXTERNAL PWR;EUROPE;1.5MM;2M;
P16	EXTERNAL PWR;CHINA;1.5MM;2M
P16	EXTERNAL PWR;HK/KW/GB;1.5MM;2M;
P16	EXTERNAL PWR;US/CA/TH;16AWG;2M
P16	EXTERNAL PWR;ARGENTINA;1.5MM;2M;
P16	EXTERNAL PWR;SOUTH AFRICA;1.5MM;
P16	EXTERNAL PWR;SWEDEN;2M;1.5MM
P16	EXTERNAL PWR;BR;LENGTH:2M;1.5MM2
P16	EXTERNAL PWR;1.5MM2;2M;THAILAND;
P16	EXTERNAL PWR;TAIWAN;2.0MM2;2M;MEET T
P16	EXTERNAL PWR;KOREA;1.5MM2;2M;KC CERT
P16	EXTERNAL PWR WIRE SET;ISRAEL;1.5MM;2
P16	WIRE;EXTERNAL PWR;SET;CHILE USED;JIS2 U
P17	SCREW;BH;M5X25L;CT;PH;NKL;
P18	WASHER;TOOTH;Φ5.3XΦ10.0X0.6T;BAN;
P19	NUT;HX;M5X0.8P;SS41;NKL;
P20	FILTER;10A;250V;DNF055-H-10A;ROHS
P21	POWE SWITCH FIX BASE;MM379;TM481;

NO.	DESCRIPTION
P22	INDUCTANCE;6MH,200,200;TM27
P25	WIRE;MCB PWR;550L;16AWG;WHITE;LOCKING
P29	SCREW;BH;M5X12L;PH;BZN;
Q01	MOTOR COVER-EXREAWORK;SCREEN PRINT;T
Q02	COVER;MOTOR;D;ABS;TM285
Q04	COVER;FRAME;D;
Q06	END CAP;LEFT;ABS/PA757;TM480;
Q07	END CAP;RIGHT;ABS/PA757;TM480;
Q13	CLIP;STANDARD;WUSN-4039;
Q14	FIXING BLOCK;SIDE RAIL;STRONG-NYLON;T
Q15	SCREW;FH;#P5X15L;SM;PH;
Q20	SCREW;BH;Φ4X15L;SM;PH;CHM;POT
Q23	SCREW;TRH;Φ4X10L;SM;PH;BZN;POT
Q25	SCREW;BH;M4X0.7PX8L;CT;PH;BZN;
Q28	SCREW;BH;Φ4X15L;TC;PH;BED;POT;G8.8;
Q34	COVER LAYERING;D;PVC**DISC NOT STOCKING
R02	TREADMILL BELT;500X3020X3.1T;NA;
R03	BELT;POLY-V;533J8;HUTCHINSON
R04	SCREW;SH;M8X1.25PX90L;HS;ZN;
R05	NUT;NLK;M8X1.25P;BZN;
R08	SCREW;SH;M8X1.25PX30L;HS;BZN;
R09	SCREW;SH;M8X1.25PX55L;HS;BAN;
R10	MAGNET; 10X3T
R12	WASHER;FLAT;Φ8.3XΦ16.0X1.3T;BL ZN;RO
V05	LOGO LABEL;AL;TM481;
Z01	SCREW;BH;M8X1.25PX20L;HS;BZN;BP

NO.	DESCRIPTION
Z02	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z03	SCREW;FH;M8X1.25PX60L-20L;HS;BAN;BP;P
Z04	SCREW;BUTTON HEAD;M4X0.7PX30L;MACHINE TH
Z05	SCREW;BH;M8X1.25PX20L;HS;CHM;
Z06	WASHER;FLAT;Φ8.2XΦ15.0X1.2T;CHROME;ROH
Z07	WASHER;ARC;Φ8.4XΦ17.0X1.0T;CHM;
Z08	WASHER;SPRING LOCK;ΦX 8.2XΦX15.4X2.0T;C
M01	DRIVER MOTOR;DC;BLACK;2.75HP;180V;3800
M04	CASTING;MOTOR FLYWHEEL;FC20;?155;?35
M17	FERRITE CORE
M47	ECODE SET;SEMI-ASSY;2.5HP;
Q03	RAIL;ACCENT;PVC;BL/BLACK C;
Q18	DECORATED PIECE;SIDE RAIL;6X1324L;TM
AN1	CONSOLE BASE FRAME SET;PAINTING;BLACK
C07	FOAM;ARM REST;EVA FOAM;TM477;
N01	COVER;CONSOLE;U;PAINTING;DARK SILVER;TM
N02	COVER;CONSOLE;DOWN;ABS/PA757;BL/BLACK C;
N03	OVERLAY;PAINTING;DARK SILVER;TM478;
N04	SHIM;READING RACK;FROTH;
N08	FIXING BRACKET;NYLON 66;WHITE;1202 KSS
N13	COVER1;QUICK KEY;ABS/PA757;TM477
N19	KETTLE RACK;LEFT;ABS/PA757;TM477;
N20	KETTLE RACK;RIGHT;ABS/PA757;TM477;
N38	WIRE;GRIP PULSE;250+Φ6 ;500;TM219;TM2
N42	SCREW;BH;Φ4X8L;SM;PH;YZN;POT
N44	SCREW;BH;Φ4X12L;SM;PH;BZN;POT

NO.	DESCRIPTION
N45	SCREW;BH;Φ3X8L;TC;PH;FLT
N60	(UP)CONTROL PANEL;HDPC;S1.006;PARAGON
N61	KEY;HANDGRIP SHRAPNEL KEYPAD;PARAGON 7
N62	OVERLAY;UP;ENG/GER;PARAGON 7-C;TM478;
N63	KEY;U;SHRAPNEL KEY;TM478;PARAGON 7&8-C
N64	OVERLAY;DOWN;ENG/GER;PARAGON8-C;INCLUDE
N65	QUICK KEY CON WIRE;LEFT;GREEN;950MM;
N66	QUICK KEY CON WIRE;RIGHT;YELLOW2;950M
N68	KEY;PASSPORT KEYPAD;PARAGON 7&8-C;SHRA
N69	WIRELESS RECEIVER SET;130;XHS-3Y(RED)+
N70	SAFE SWITCH;RED;220L;(XHS2.5-2P);MAC
N71	KEY;SPEED;HANDGRIP SHRAPNEL KEYPAD;PARA
N90	ADSORPTIVE PLATE;ZINC 15*25;TM257;TM25
P07	WIRE;PCB CONNECTION;650L(CKM254301-8P+SM
Q05	CAP;ARM REST;PP;BL/BLACK C
V63	LOGO LABEL;Φ30;AL;

PARAGON 8E EXPLODED VIEW



NO.	DESCRIPTION
1	MOTOR SET;TM484;
2	CONSOLE SET;TM485;
3	SIDE RAIL SET;TM484;
AB1	FRAME SET;PAINTING;MM379;TM481;
AH1	ELEVATION SUPT RACK SET;PAINTING;MM379
AK1	BASE FRAME SET;PAINTING;MM379;TM481;
AQ1	SHIELD SET;CONSOLE MAST;LEFT DOWN;TM481
AQ2	SHIELD SET;CONSOLE MAST;RIGHT DOWN;TM48
AR1	ROLLER SET;FRONT;TEXTURE;TM136
AR2	ROLLER SET;REAR;Φ46;TM59
B29	AIR STICK;SLOW-DROP;400N;JOURNEY350MM;
B30	ELASTOMER;RUNNING DECK;Φ30X37X26;TM41
B31	FINISHED TREADMILL DECK;600X1340X18T;SI
B32	ELASTOMER
B34	BELT GUIDE
B35	SCREW;BH;ΦX5X12L;TC;PH;BED;POT;
B36	SCREW;FH;M8X1.25PX30L;HS;
B37	NUT;NLK;M8X1.25P;BZN;
B38	SIDE RAIL FIXING PLATE;MM379;TM481;
B39	SCREW;TRH;ΦX4X15L;TC;PH;BED;POT;
B41	SCREW;BH;M8X1.25PX30L;HS;BAN;
B45	WASHER;FLAT;ΦX8.2XΦX15.0X1.2T;BED;ROHS
B46	ELASTOMER BLACK 90
B49	STOPPER;PAINTING;BLACK2;TM480;
B66	SLEEVE;Φ22.2X1.0TX22L;TM27
H10	WASHER;FLT;Φ10.5XΦ18.0X2.6T;

NO.	DESCRIPTION
H30	SCREW;M8X1.25PX26L-10L;20CR;BAN;SP
H31	WASHER;FLT;Φ10.5XΦ20.0X1.0T;TFN;
H32	WASHER;FLAT;ΦX10.2XΦX20.0X1.0T;BL ZN;R
H33	WASHER;FLAT;Φ10.5XΦ20.0X2.0T;ZINC;
H36	SNAP RING;EXTERNAL C-SHAPED;S-10;BLACK
H37	RUBBER STOPPER;AC003;TM16
K11	CONNECT PLATE;MM379;TM481;
K14	SCREW;M8X1.25PX12L-6L;BZN;P-T
K15	SPRING;EXT;Φ2.0XΦ16.0X50.0LX12N;
K17	SCREW;BH;M10X1.5PX40L;HS;BP
K19	SCREW;FH;M8X1.25PX45L-15L;HS;BZN;P-T
K20	SCREW;BH;M8X15L;HS;BZN;BP;G8.8;
K23	SCREW;FH;M4X40L;PH;BED;
K25	BRAKE LOCATION SET;TM332
K27	FOOT PAD;ADJUST;RUBBER;W3/8-16UNC;FMW38A
K28	RVN;ALS7-616-150(0.02-0.15);YZN;
K30	WASHER;FLT;Φ8.5XΦ19.0X2.0T;BZN;
K31	HOOK BASE;PAINTING;MM379;TM481;
K35	ADJUSTABLE FOOT PAD NUT
L01	FRONT CARRIAGE ROLLER; NYLON PA6;Φ46XΦ10
L02	WHEEL MOBILE FRAME BASE
L05	WHEEL;NYLON;Φ74;TM27
L06	TRANSPORT WHEEL
L07	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
L09	SCREW;HEX;M6X1.0PX25L;
L17	LOCATION HOOK;PAINTING;MM379;TM481;

NO.	DESCRIPTION
L21	SCREW;SH;M6X1.0PX10L;HS;BZN;
L25	WASHER;SPRING LOCK;ΦX6.1XΦX10.0X1.2T;BL
M02	MOTOR;AC ELEVATION;220V;80MM;225;10PIN;J
M03	MCB;2.0-2.75HP/220V;HAPA;0D0104;0.5W
M05	MOTOR FIXNG PLATE;MM379;TM481;
M06	SCREW;SH;5/16-18UNCX14L;HS;BP
M07	MOTOR CONTROL BOARD FIX PLATE; SPC;TM148
M08	NUT;NLK;M8X1.25P;BZN;
M09	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
M10	SCREW;HEX HEAD;3/8-16UNC-47L-14L;BLAC
M12	NUT;NYLOCK;3/8"-16UNC;BLACK ANNOIDIZED;
M13	WASHER;FLT;Φ10.5XΦ20.0X2.0T;BZN;
M14	SCREW;HH;3/8-16UNCX60L-18L ;HE;P-T
M17	FERRITE CORE
M23	NUT;HX;M6X1.0P;SS41;BZN;
M24	SCREW;BUTTON HEAD;Φ4X10L;THREAD CUTTING;
M25	WASHER;SPRING LOCK;ΦX8.2XΦX15.4X2.0T;BL
M28	SCREW;HH;M6X1.0PX25L;HE;
M30	WASHER;FLAT;ΦX8XΦX16.0X1.4T;BL ZN;ROHS
M31	SCREW;SH;M8X1.25PX15L;HS;CRMO;
M41	MOTOR ELASTOMER PAD;RUBBER;TM16
N43	SAFETY KEY SET;SEMI-ASSY;TM637
P03	WIRE;MCB PWR;550L;16AWG;BLACK;LOCKING
P04	POWER SWITCH;DOUBLE POLE;W/O LIGHT;125V/
P05	OVERCURRENT BREAKER;10A;250V;TM18
P06	CONSOLE WIRE;BELOW;2150MM;CKM254301

NO.	DESCRIPTION
P08	WIRE;BS CON;BLACK;250LOCK2 60L;
P09	PWR SOCKET SET;CE;100,1250,80;TM283-P09A
P11	SF CONNECTING WIRE
P13	SCREW;FH;M3X0.5PX10L;PH;ZN;
P16	EXTERNAL PWR;IN;1.5MM;2M;
P16	EXTERNAL PWR;NEW ZEALAND;1.5MM;2M;
P16	EXTERNAL PWR;EUROPE;1.5MM;2M;
P16	EXTERNAL PWR;CHINA;1.5MM;2M
P16	EXTERNAL PWR;HK/KW/GB;1.5MM;2M;
P16	EXTERNAL PWR;US/CA/TH;16AWG;2M
P16	EXTERNAL PWR;ARGENTINA;1.5MM;2M;
P16	EXTERNAL PWR;SOUTH AFRICA;1.5MM;
P16	EXTERNAL PWR;SWEDEN;2M;1.5MM
P16	EXTERNAL PWR;BR;LENGTH;2M;1.5MM2
P16	EXTERNAL PWR;1.5MM2;2M;THAILAND;
P16	EXTERNAL PWR;TAIWAN;2.0MM2;2M;MEET T
P16	EXTERNAL PWR;KOREA;1.5MM2;2M;KC CERT
P16	EXTERNAL PWR WIRE SET;ISRAEL;1.5MM;2
P16	WIRE;EXTERNAL PWR;SET;CHILE USED;JIS2 U
P17	SCREW;BH;M5X25L;CT;PH;NKL;
P18	WASHER;TOOTH;Φ5.3XΦ10.0X0.6T;BAN;
P19	NUT;HX;M5X0.8P;SS41;NKL;
P20	FILTER;10A;250V;DNF055-H-10A;ROHS
P21	POWE SWITCH FIX BASE;MM379;TM481;
P22	INDUCTANCE;6MH,200,200;TM27
P25	WIRE;MCB PWR;550L;16AWG;WHITE;LOCKING

NO.	DESCRIPTION
P29	SCREW;BH;M5X12L;PH;BZN;
Q01	MOTOR COVER-EXREAWORK;SCREEN PRINT;T
Q02	COVER;MOTOR;D;ABS;TM285
Q04	COVER;FRAME;D;
Q06	END CAP;LEFT;ABS/PA757;TM480;
Q07	END CAP;RIGHT;ABS/PA757;TM480;
Q13	CLIP;STANDARD;WUSN-4039;
Q14	FIXING BLOCK;SIDE RAIL;STRONG-NYLON;T
Q15	SCREW;FH;#P5X15L;SM;PH;
Q20	SCREW;BH;Φ4X15L;SM;PH;CHM;POT
Q23	SCREW;TRH;Φ4X10L;SM;PH;BZN;POT
Q25	SCREW;BH;M4X0.7PX8L;CT;PH;BZN;
Q28	SCREW;BH;ΦX4X15L;TC;PH;BED;POT;G8.8;
Q34	COVER LAYERING;D;PVC**DISC NOT STOCKING
R02	TREADMILL BELT;500X3020X3.1T;NA;
R03	BELT;POLY-V;533J8;HUTCHINSON
R04	SCREW;SH;M8X1.25PX90L;HS;ZN;
R05	NUT;NLK;M8X1.25P;BZN;
R08	SCREW;SH;M8X1.25PX30L;HS;BZN;
R09	SCREW;SH;M8X1.25PX55L;HS;BAN;
R10	MAGNET; 10X3T
R12	WASHER;FLAT;ΦX8.3XΦX16.0X1.3T;BL ZN;RO
V05	LOGO LABEL;AL;TM481;
Z01	SCREW;BH;M8X1.25PX20L;HS;BZN;BP
Z02	WASHER;ARC;Φ8.2XΦ16.0X1.0T;65MN;BZN
Z03	SCREW;FH;M8X1.25PX60L-20L;HS;BAN;BP;P

NO.	DESCRIPTION
Z04	SCREW;BUTTON HEAD;M4X0.7PX30L;MACHINE TH
Z05	SCREW;BH;M8X1.25PX20L;HS;CHM;
Z06	WASHER;FLAT;Φ8.2XΦ15.0X1.2T;CHROME;ROH
Z07	WASHER;ARC;Φ8.4XΦ17.0X1.0T;CHM;
Z08	WASHER;SPRING LOCK;ΦX 8.2XΦX15.4X2.0T;C
M01	DRIVER MOTOR;DC;BLACK;2.75HP;180V;3800
M04	CASTING;MOTOR FLYWHEEL;FC20;?155,?35
M17	FERRITE CORE
M47	ECODE SET;SEMI-ASSY;2.5HP;
Q03	RAIL;ACCENT;PVC;BL/BLACK C;
Q18	DECORATED PIECE;SIDE RAIL;6X1324L;TM
AN1	CONSOLE BASE FRAME SET;PAINTING;BLACK
C07	FOAM;ARM REST;EVA FOAM;TM477;
N01	COVER;CONSOLE;U;PAINTING;DARK SILVER;TM
N02	COVER;CONSOLE;DOWN;ABS/PA757;BL/BLACK C;
N03	OVERLAY;CONSOLE;PAINTING;DARK SILVER;T
N04	SHIM;READING RACK;SILICA;
N08	FIXING BRACKET;NYLON 66;WHITE;1202 KSS
N13	COVER1;QUICK KEY;ABS/PA757;TM479
N19	KETTLE RACK;L;PAINTING;MM384-DARK SILV
N20	KETTLE RACK;R;PAINTING;MM384-DARK SILV
N25	COVER;LOGO;ACRYLIC;
N27	INSIDE COVER;LOGO;ABS/PA757;
N28	SPRING;CMP;Φ18XΦ1.0X30LX5.0N;
N38	WIRE;GRIP PULSE;250+Φ6 ;500;TM219;TM2
N42	SCREW;BH;Φ4X8L;SM;PH;YZN;POT

NO.	DESCRIPTION
N44	SCREW;BH;Φ4X12L;SM;PH;BZN;POT
N45	SCREW;BH;Φ3X8L;TC;PH;FLT
N60	(UP)CONTROL PANEL;HEPD;S1.006;PARAGON
N61	OVERLAY;UP;ENG/GER;PARAGON 8-C;ERP;
N62	OVERLAY;DOWN;ENG/GER;PARAGON8-C;INCLUDE
N63	KEY;U;SHRAPNEL KEY;TM478;PARAGON 7&8-C
N64	QUICK KEY CON WIRE;LEFT;GREEN;950MM;J
N65	QUICK KEY CON WIRE;RIGHT;YELLOW2;950M
N66	OVERLAY;ENG/GER;TM479;INCLINE;PARAGON
N68	MODULE;HANDGRIP KEYPAD BOARD;PARAGON 8-C
N69	PULSE RECEIVER SET;94032401.02;POLA
N70	MODULE;PARAGON 8-C ERP KEYPAD LIGHT BOAR
N71	MODULE;ERP KEYPAD BOARD;PARAGON 8-C;
N73	KEY;PASSPORT KEYPAD;PARAGON 7&8-C;SHRA
N74	SAFE SWITCH;RED;220L;(XHS2.5-2P);MAC
N75	OVERLAY;ENG/GER;PARAGON8-C;HANDGRIP ST
N90	ADSORPTIVE PLATE;ZINC 15*25;TM257;TM25
P07	WIRE;PCB CONNECTION;650L(CKM254301-8P+SM
Q05	CAP;ARM REST;PP;BL/BLACK C
V63	LOGO LABEL;Φ27;TM479

D: Entsorgungshinweis

Horizon Fitness - Produkte sind recyclebar. Führen Sie das Gerät am Ende der Nutzungsdauer einer sachgerechten Entsorgung zu (örtliche Sammelstelle).

GB: Waste Disposal

Horizon Fitness products are recyclable. At the end of its useful life please dispose of this article correctly and safely (local refuse sites).

F: Remarque relative à la gestion des déchets

Horizon Fitness sont recyclables. A la fin sa durée d'utilisation, remettez l'appareil à un centre de gestion de déchets correct (collecte locale).

NL: Verwijderingsaanwijzing

Horizon Fitness producten zijn recycleerbaar. Breng het apparaat aan het einde van de gebruiksduur naar een op recycling gespecialiseerd bedrijf (plaatselijk verzamelpunt).

E: Informaciones para la evacuación

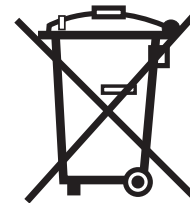
Los productos de Horizon Fitness son reciclables. Cuando se termina la vida útil de un aparato o una máquina, entréguelos a una empresa local de eliminación de residuos para su reciclaje.

I: Indicazione sullo smaltimento

I prodotti Horizon Fitness sono riciclabili. Quando l'apparecchio non servirà più, portatelo in un apposito punto di raccolta della Vostra città (Punti di raccolta comunali).

PL: Wskazówka dotycząca usuwania odpadów.

Produkty firmy Horizon Fitness podlegają recyklingowi. Pod koniec okresu użytkowania proszę oddać urządzenie do właściwego punktu usuwania odpadów (lokalny punkt zbiorczy).





HORIZON
FITNESS

TREADMILL OWNER'S MANUAL

Paragon 5S / 7S / 7E / 8E Owner's Manual 070214 Rev. 2.1 © 2014 Horizon Fitness