

JUNGLE GYM COMMERCIAL MULTI-STATION

DIP / CHIN ASSIST

- ▶ Provides up to 117.5 lbs. (54 kg) of assistance.
- ▶ "Extra-sized" dip grips provide improved comfort.
- ▶ Dual grip positions accommodate user size and movement variety.
- ▶ Pull-up bar offers both bar and neutral grips for individual preference.
- ▶ Steps allow easy ingress and egress.
- ▶ Foot bar easily flips-up for unassisted pull-ups and dips.
- ▶ Note: only one (1) Dip / Chin Assist can be used per Quad

LOW ROW

- ▶ Seat cushion is ergonomically positioned 17-inches from the ground.
- ▶ Seat is placed at a 10-degree angle to allow users clear access to the footplates.
- ▶ Pulley position allows for an optimal path of motion of the handle for rows.

DUAL HANDLE LOW ROW

- ▶ Dual handles for independent movement, and delivers a 2:1 lifting ratio when used independently.
- ▶ Diverging pulley alignment for natural movement.
- ▶ Seat cushion is ergonomically positioned 17-inches from the ground.
- ▶ Seat is placed at a 10-degree angle to allow users clear access to the footplates.
- ▶ Pulley position allows for an optimal path of motion of the handle for rows.

HI LOW

- ▶ Dual cable outlets make this an excellent multi-purpose station for movements like arm curls and triceps pushdowns.
- ▶ The 2:1 lifting ratio provides for low take-off resistance and controlled inertia.

DUAL HANDLE LAT PULL

- ▶ The forward-aligned pulley is carefully located to encourage correct form for the lat pulldown movement.
- ▶ Dual handles for independent movement, and delivers a 2:1 lifting ratio when used independently.
- ▶ Diverging pulley alignment for natural movement.

LAT PULL

- ▶ The forward-aligned pulley is carefully located to encourage correct form for the lat pulldown movement.
- ▶ Adjustable thigh pad provides stabilization for a wide variety of user heights.

TRICEP PUSHDOWN

- ▶ Overhead pulley location allows for a greater variety in body position.

ADJUSTABLE CABLE COLUMN

- ▶ Adjustment tube has 22-positions, located 3" apart.
- ▶ The 2:1 lifting ratio provides for decreased inertia. Includes user-side weight shield.

EMBEDDED CABLE CROSSOVER

- ▶ Used when a Cable Crossover is desired as part of a "dual quad" Jungle Gym.
- ▶ It includes two adjustable cable columns and a connecting tube with multiple pull-up and chin-up handles.

FREE STANDING CABLE CROSSOVER

- ▶ Includes two Adjustable Cable Columns with towers and stabilization, as well as a connecting tube with multiple pull-up and chin-up handles.

ATTACHED CABLE CROSSOVER

- ▶ This Cable Crossover attaches to one side of the Quad Tower and extends outward to a free-standing end attached by a connecting tube with multiple pull-up and chin-up handles.

QUAD TOWER

- ▶ The core of the Jungle Gym, the Quad Tower accepts from two to four stations.

BLANK PANEL

- ▶ Fills unused openings.

Specifications

Product Number	Description	Length		Width		Height		W.Stack		Weight	
		IN	CM	IN	CM	IN	CM	LB	KG	LB	KG
17001	Quad Tower	32	81	28	71	86	28			240	109
17031	Low Row	71	180	28	71	86	28	255	116	425	109
17041	Dual Handle Low Row	71	180	28	71	86	28	255	116	425	109
17050	Hi/Lo Cable	10	25	28	71	86	28	200	91	320	109
17060	Triceps Pushdown	13	33	28	71	86	28	200	91	325	109
17071	Lat Pull	38	97	28	71	87	28	255	116	390	109
17081	Dual Handle Lat Pull	38	97	28	71	88	28	255	116	405	109
17091	Adjustable Cable	14	36	28	71	86	28	200	91	350	109
17110	Free Standing Cable Crossover	146	371	48	122	88	28	200	91	1070	109
17120	Attached Cable Crossover	129	328	48	122	88	28	200	91	910	109
17130	Embedded Cable Crossover	111	282			88	28	200	91	750	109



WORLD HEADQUARTERS
10 Trotter Drive · Medway · MA 02053 USA
T +1.508.533.4300 · F +1.508.533.5500
www.cybexintl.com

CYBEX INTERNATIONAL UK LTD
Oak Tree House · Atherstone Road
Measham · Derbyshire · DE12 7EL UK
T +44.845.606.0228 · F +44.845.606.0227

CYBEX[®]
www.cybexintl.com