VR1 LEG EXTENSION

EASY TO USE

Innovative designs on the Leg Extension make positioning the tibia pad intuitive, virtually effortless, and results in easily accessible and easily adjustable machines. No knobs to lock – just put legs behind the pad and push.

SAVES ON THE SHINS

Offset input arm allows for the tibia pad to adjust without affecting the starting angle of the knee. In combination with proper pivot location, this allows the use of a flat pad for reduced shin pressure.

RELIEVES HAMSTRING TENSION

The **angled back pad** (100 degree angle between seat and back) is wider than most leg extension machines and is designed to relieve hamstring tension.

OPTIONAL ADJUSTABLE START

VR1 offers an **Adjustable Start System [product #13051].** The fixed Start Position is a standard and features a typical Start Range. Because each individual has a different range of motion, the adjustable start makes VR1 user-friendly to a wider audience.

ENGINEERED FOR VALUE

Cybex is known for strength training equipment that is scientifically engineered to produce faster fitness results. We took that excellence and reduced it in size and complexity to form the VR1 line of selectorized products. This is the selectorized line that can fit the space and budget of a wide range of facilities.

Specifications

Product Number	13050 - 13051 (with Adjustable Start)
Dimensions (L × W × H)	54" × 41" × 62" (138 cm × 105 cm × 157 cm)
Weight w/ Standard Stack	529 lbs (240 kg)
Standard Stack	220 lbs (100 kg)
Weight w/ Light Stack	459 lbs (209 kg)
Light Stack	150 lbs (68 kg)
Color	Available in 5 standard or a virtually unlimited variety of custom frame colors



WORLD HEADQUARTERS

10 Trotter Drive · Medway · MA 02053 USA
T +1.508.533.4300 · F +1.508.533.5500
www.cybexintl.com

CYBEX INTERNATIONAL UK LTD

Oak Tree House · Atherstone Road

Measham · Derbyshire · DE12 7EL UK

T +44.845.606.0228 · F +44.845.606.0227

