



TUFFSTUFF

SPT-6 Six-Pak Trainer

Six-Pak Trainer . . . changing the shape of strength training!



Traditional Cable Movements



Abdominal Crunch



Tricep Pushdown



Shoulder Press



Outer Thigh
(shown with optional handles)

Sports Specific Movements



Fast Ball Pitch
(option)



Baseball Swing
(option)



Golf Swing
(option)

Pilates-Style Movements



Forward Facing Swan



Hug-A-Tree



Offer-Up

Accessories



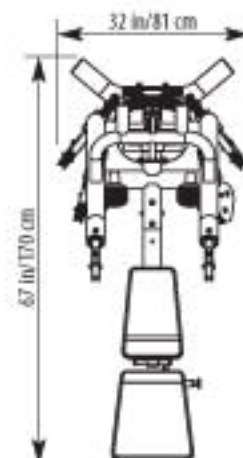
Specifications & Warranty

- Compact European-style design cable motion technology
- Space efficient all-frontal work station
- Solid and stable 3" round 11-gauge tubular steel with a combination of 2x3' oval tubing and 2" round tubing
- Unlimited functional and strength training exercise capability
- User friendly "free-flow" handle design
- Powder coat finish – Platinum Sparkle accented with Ebony Chrome
- Durable high density pads upholstered in two-tone premium grade naugahyde
- USA-Made/Certified 920 lbs. test 1/8" military-spec nylon coated cable for smooth friction-free movement
- Industry's first 360-degree rotating bench
- Full length protective steel weight shields
- 150 lbs. steel weight plates (optional 200 lbs.)

Option:



SPT-60H Optional Handles for support when performing specific type leg exercises.



HT: 80 in/203 cm
SH WT: 275 lb/125

Home Lifetime Warranty*:

TuffStuff products used only in a home environment are warranted for LIFE* to the original purchaser.

*See Assembly Manual for specific information on warranty, parts and service, or call Customer Service 888-884-8275.

NOTICE: TuffStuff continually engages in research related to product improvement. As a result, the product received by the customer may differ slightly from its published description. Improvements in materials, production techniques and design refinements may at any time be introduced into our products. TuffStuff reserves the right to make changes in its product without notice.



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